Research Article

Examination of Microcystin Neurotoxicity Using Central and Peripheral Human Neurons

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Abstract

Microcystins (MC) are a group of cyanobacterial toxins that comprises MC-LF and other cyclic heptapeptides, best known as potent hepatotoxins. Cell culture and epidemiological studies suggest that MC might also affect the nervous system when there is systemic exposure, e.g., via drinking water or food. We asked whether in vitro studies with human neurons could provide estimates on the neurotoxicity hazard of MC-LF. First, we used LUHMES neurons, a well-established test system for neurotoxicants and neuropathological processes. These central nervous system cells express OATP1A2, a presumed carrier of MC-LF, and we observed selective neurite toxicity in the µM range [EC20 = 3.3 µM = 3.3 µg/mL]. Transcriptome changes pointed towards attenuated cell maintenance and biosynthetic processes. Prolonged exposure for up to four days did not increase toxicity. As a second model, we used human dorsal root ganglia-like neurons. These peripheral nervous system cells represent parts of the nervous system not protected by the blood-brain barrier in humans. Toxicity was observed in a similar concentration range [EC20 = 7.4 µM]. We conclude that MC-LF poses a potential neurotoxic hazard in humans. The adverse effect concentrations observed here were orders of magnitude higher than those presumed to be encountered after normal nutritional or environmental exposure. However, the low µM concentrations found to be toxic are close to levels that may be reached after very excessive algae supplement intake.

1 Introduction

While microcystins (MCs) are widely known for their acute hepatotoxicity (Carmichael, 1992; Nishiwaki-Matsushima et al., 1992), their potentially adverse effects on other target organs, such as the nervous system, are less clear. MCs are small cyclic heptapeptides comprised of 5 D- and 2 L-amino acids (cyclo-D-Ala3-X2-D-MeAsp3-Z4-Adda3-D-Glu6-Mdha7). Structural variation of side-chains has been encountered in all seven positions, but the most variable amino acids (X and Z) are the L-amino acids in positions 2 and 4 (Botes et al., 1984; Daneshian et al., 2013). These variable L-amino acid residues are used for naming of the MC congeners, of which more than 248 different congeners are known to date (Altaner et al., 2019; Spoof and Dietrich, 2000; Hoeger, 2005). The World Health Organization (WHO) suggested a safe value of 1 µg/L (1 nM) for MC-LR in their guidance on cyanobacteria in drinking water1. Based on the latter, the tolerable daily intake (TDI) for a human was calculated to be 0.04 µg_MC-LR equivalents/kg body weight/day (≈ 40 pmol/kg body weight/day). In addition to the well-established hepatotoxicity, renal and neurotoxicity also have been reported based on in vivo and in vitro experiments in rodents, fish and birds (Fischer and Dietrich, 2000; Feurstein et al., 2009, 2011; Hu et al., 2016; Herrera et al., 2018; Hinojosa et al., 2019).

There have been several reported human exposures to MCs with an adverse outcome. In Caruaru, Brazil (Jochimsen et al., 1998;
Pouria et al., 1998), patients at a hemodialysis clinic were accidentally exposed via dialysis water with an estimated MC concentration of 19.5 µg/L (20 nM) (Azevedo et al., 2002). The symptoms reported in the patients ranged from early visual disturbances to muscle weakness and nausea. Of the 126-131 patients, 100 developed acute liver toxicity and between 52 and 60 of them died within 10 months (Azevedo et al., 2002; Pouria et al., 1998).

At lake Chaohu, China, fishermen were chronically exposed to MCs via drinking water and food. Concentrations of MC were 3.28 µg/L, which corresponds to 3.3 nM MC-LR equivalent, in drinking water. The muscle of contaminated aquatic animals showed MC concentrations of 43 ng/g dry weight (DW) (43 pmol MC-LR equivalent/g DW), which led to blood concentrations in fishermen ranging from 0.045 to 1.832 ng/mL (0.045 to 1.84 pM) (Chen et al., 2009). Blood samples showed increased levels of liver enzymes such as alanine aminotransferase.

In the Chinese Three Gorges Reservoir Region, more than 1000 children were chronically exposed to MC. They showed elevated levels of alanine aminotransferase compared to non-exposed children (Li et al., 2011). The average drinking water concentration of MC was 2.6 µg/L (2.6 nM), the mean concentration in fish was 0.22 µg/g DW (221.1 nmol/g DW).

MCs need to be actively transported into cells by organic anion transporting polypeptides (OATPs). Cells of the brain-blood barrier as well as neurons express OATP1A2 (Hagenbach and Meier, 2003; Bronger et al., 2005). This suggests that MCs can cross the blood-brain barrier, as OATP1A2 has been shown to transport MC-LR (Fischer et al., 2005). The best-documented mode of action of MC in mammalian cells (hepatocytes) is the inhibition of serine/threonine-specific protein phosphatase 1, 2A and 5 (MacKintosh et al., 1990; Buratti et al., 2017; Valério et al., 2016; Chen and Xie, 2016; Altnner et al., 2020). This results in hyperphosphorylation of several protein kinase targets, which eventually leads to widespread dysregulation of cellular processes (Yoshizawa et al., 1990; MacKintosh et al., 1990; Hinojosa et al., 2019).

As epidemiological and animal data from rodents, fish and birds suggest that MCs may induce neurotoxicity in addition to hepatotoxicity, we explored MC toxicity to human neurons. We used LUHMES cells as representatives of central human neurons (Lotharius et al., 2005; Scholz et al., 2011). These cells have a normal karyotype (Gutbier et al., 2018) and typical neuronal structure and electrophysiology (Scholz et al., 2011). They have been widely used as alternatives to animal testing and in neuro-pathology studies (Witt et al., 2017; Lohren et al., 2015; Delp et al., 2019, 2018; Singh et al., 2018; Scholz et al., 2018; Tong et al., 2018; Höllerhage et al., 2017; Devos et al., 2014; Skirzewski et al., 2018). As a second, complementary test system, we used human peripheral neurons. These were generated from pluripotent stem cells (Hoeting et al., 2016) and have been established as a screening system for peripheral neurotoxins (Delp et al., 2018). These two models were used in an in vitro approach to identify neurotoxic MC concentrations in order to compare them to serum concentrations reported in humans after exposure.

2 Materials and methods

Materials

Cisplatin, valinomycin, tubacin, microcystin-LF, microcystin-LR, PLO, fibronectin, glutamine, tetracycline, cAMP, apotransferrin, glucose, insulin, putrescine, selenium, progesterone and calcine-Am were purchased from Sigma, USA. AdvDMEM/ F12, knockout serum replacement, DMEM/F12, N2 supplement, Glutamax, NEAA, β-mercaptoethanol, Triton-X-100, PBS, H-33342, fetal bovine serum (FBS), Trizol, Flou-4 Direct™ Calcium Assay Kit were purchased from ThermoFisher Scientific, USA. FGF2, GDNF, noggin, BDNF and NGF were purchased from R&D systems, USA. Dorosomorphin, SB-431642 and SU5402 were purchased from Torcis, UK. Chir99021 was purchased from Axon Medchem, USA; DAPT was purchased from Merck Millipore, USA; Matrigel was purchased from Corning, USA; iScript and SsoFast™ EvaGreen® Supermix were purchased from BioRad, USA. Pacific ciguatoxin (pCTX) isolated from a moray eel, was provided by the laboratory of Richard Lewis, University of Queensland, Brisbane, Australia. Chemical structures were drawn with ChemDraw (Version 16.0) from PerkinElmer.

LUHMES culture

LUHMES were cultured as described earlier (Krug et al., 2013; Lotharius et al., 2005; Scholz et al., 2011). Briefly, cells were cultured on PLO/fibronectin (50 µg/mL poly-L-ornithine (PLO) and 1 µg/mL fibronectin) coated flasks and plates. Cells were maintained in proliferation medium (AdvDMEM/F12 supplemented with 2 mM glutamine, 1x N2 supplement and 40 ng/mL fibroblast growth factor-2 (FGF2)). Differentiation was initiated by seeding cells at a density of 100,000 cells/cm² in proliferation medium and changing the medium after 24 h to differentiation medium (AdvDMEM/F12 supplemented with 2 mM glutamine, 1x N2 supplement, 2.25 µM tetracycline, 1 mM dibutyryl 3′,5′-cyclic adenosine monophosphate (cAMP) and 2 ng/mL recombinant human glial cell derived neurotrophic factor (BDNF)). Medium change was performed every 48 h after the differentiation started.

Peripheral neurons

The stem cell line (WA09 line) was obtained from WiCell (Madison, WI, USA). The pluripotent stem cells were differentiated on Matrigel-coated plates into immature dorsal root ganglia-like neurons exactly according to the protocol of Hoeting et al. (2016).

Abbreviations

DEG, differentially expressed genes; DMSO, dimethylsulfoxide; DoD, day of differentiation; DW, dry weight; MC, microcystin; OATP, organic anion transporting polypeptides; oGOS, overrepresentation of gene ontologies; PCA, principal component analysis; pCTX, pacific ciguatoxin

Briefly, differentiation was started on day of differentiation (DoD) 0’ by adding neural differentiation medium (KSR-S; knockout DMEM with 15% serum replacement, 1x Glutamax, 1x non-essential amino acids, and 50 µM β-mercaptoethanol) and six small molecule pathway inhibitors (35 ng/mL noggin, 600 nM dorsomorphin, 10 µM SB-431642, 1.5 µM CHIR99021, 1.5 mM SU5402, and 5 µM DAPT). Starting from DoD4’, medium was gradually replaced by N2-S medium (DMEM/F12 with 2 mM Glutamax, 0.1 mg/mL apotransferrin, 1.55 mg/mL glucose, 25 mg/mL insulin, 100 nM putrescine, 30 nM selenium, and 20 nM progesterone). After eight days of differentiation, the neuronal precursors were cryopreserved. After thawing, cells were seeded at a density of 100,000 cells/cm² in 25% KSR-S and 75% N2-S supplemented with 1.5 µM CHIR99021, 1.5 µM SU5402, and 5 µM DAPT. On DoD1 and DoD2, 50% of the medium was changed. From DoD3 on, cells received N2-S medium supplemented with 10 ng/mL BDNF, 10 ng/mL GDNF, and 25 ng/mL NGF for further differentiation and maturation, with medium changes every other day.

Since Matrigel is chemically rather undefined and from an animal source, we tried to replace it with vitronectin or laminin-521. However, none of these coatings allowed differentiation comparable to Matrigel.

**Ca²⁺** signaling

Peripheral neurons were seeded at a density of 100,000 cells/cm² and cultured according to Hoelting et al. (2016). After 23 days of differentiation, the cells were loaded with fluo4 AM-Calcium Assay Kit and Hoechst-33342 (H-33342) for 20 min at 37°C. Changes in the free intracellular Ca²⁺ concentration were monitored with a VTI HCS microscope (Cellomics, USA) containing an incubation chamber providing an atmosphere with 5% CO₂ at 37°C. Substances (Hank’s balanced salt solution, 0.3% dimethylsulfoxide (DMSO), 2.5 µM MC-LF, 30 mM KCl, 15 nM pCTX) were administered by an automated pipettor 10 s after the first image was taken. Images were taken as fast as possible for 45 s (approx. one image/second) and exported as .avi files. The files were analyzed in CaFFEE software (Karreman et al., 2020).

**Viability testing**

LUHMES and peripheral neurons were seeded at a density of 100,000 cells/cm², cultured, and treated as indicated in the respective figure. One hour prior to analysis, cells were stained with staining mix (1 µg/mL H-33342 and 1 µM calcein-AM), incubated for one hour at 37°C, and image acquisition was performed automatically with ArrayScan VTI HCS microscope (Cellomics, USA). Analysis of the pictures was performed as described earlier (Stiegler et al., 2011). Briefly, the neuronal area was identified by calcein stain, and the somatic area was subtracted, which resulted in definition of neurite area. The viability was obtained from the same images. Cells with a double stain for H-33342 and calcein were counted as alive, whereas cells only positive for H-33342 were classified as dead.

**Immunofluorescence and microscopy**

Cells were grown on PLO/fibronectin or Matrigel-coated 96-well plates and fixed with 4% paraformaldehyde on day 6 (d6) (LUHMES) or DoD7 (peripheral neurons). Following permeabilization in 0.3% Triton X-100, they were blocked for 1 h in PBS containing 5% fetal bovine serum and 0.1% Triton X-100. Primary antibodies (TuJ1 (BioLegend Cat. No. 801202) 1:1000, OATP1A2 (Sigma-Aldrich Cat. No. SAB4502814) 1:100, Peripherin (Santa Cruz Cat. No. sc-7604) 1:200) were added for 1 h at room temperature. After washing, secondary antibodies and H-33342 were incubated for 30 min. Images were taken at a Zeiss Axio Observer with ZEN 2 pro blue edition software and further processed with ImageJ (Version 1.52p).

FBS is included in many blocking buffers in immunofluorescence staining protocols. We tried to replace it with milk powder, but the antibodies applied in this study did not give satisfying fluorescence signals in milk powder.

**RNA extraction, cDNA synthesis and real-time qPCR**

Total RNA was extracted using TRIzol, according to the manufacturer’s protocol. Total RNA (1 µg) was reverse transcribed with iScript. Quantification of cDNA was performed using the SsoFast™ EvaGreen® Supermix. The threshold cycle (Ct) was determined for each sample using the CFX data analysis software (Bio-Rad, USA). RPL13A was used as reference gene (forward: GGTATGCTGGCCCCACAAAACC reverse: CTGTCACCT-GCCTGTACTTCCA); mRNA levels of OATP1A2 (forward: TCCTGTGTGTGGAAAAACATG reverse: AGCATCAAGGAA-CAGTCAGG) and OATP3A1 (forward: CTGGGCTCTTTCTGTACCAA reverse: GTGGAAACCCCAAACATCAAGI) were compared to the reference gene using the ΔΔ method (Livak and Schmittgen, 2001).

**Transcriptome data generation and analysis**

For the sample preparation, the medium was removed from each well, and cells were immediately lysed in 25 µL of 1x Bipsyder lysis buffer. Samples were stored at -80°C until shipment to Bioclavis (BioSpyder Tech.) on dry ice. TempO-Seq, a targeted RNA-sequencing method developed by BioSpyder Technologies, Inc., described in detail by House et al. (2017) was used for the transcriptomics data.

The R package DESeq2 (v1.24.0) was employed for transcriptomics data analysis (Love et al., 2014). The DESeq2 object was constructed from raw counts, and its size factors were coerced to removing the raw counts.

**Statistics**

Experiments were performed at least on two (usually on three) cell preparations (“n”), with several (≥ 3) technical replicates for each cell batch (“n”). For statistical analysis, GraphPad Prism 5 software (Version 5.03) was used. Data were evaluated by...
of viable cells (= cell bodies) was not affected at concentrations as high as 5 µM (Fig. 1C). Follow-up experiments showed that 24 h exposure was not sufficient to trigger neurite damage (Fig. S1A-C). Exposure for 24 h followed by a 24 h washout period led to the same toxicity as 48 h continuous exposure (Fig. S1D). This suggests that toxic effects were all triggered during the first 24 h, but manifestation of toxicity (neurite breakdown) took a further day to develop. We tested whether even longer times would allow for more potent toxicant effects. However, exposure for 48 h followed by a 48-h washout (4 days in total) did not lead to more potent effects of MC-LF (Fig. S1E). To further investigate effect specificity, we also investigated MC-LR (Fig. S1F), known to be a less potent toxicant (Feurstein et al., 2011). Indeed, no toxicity was observed here at concentrations up to 5 µM (Fig. S1G). To test for potentially more subtle effects of MC on neurons, several other endpoints were considered. Tau phosphorylation and activation of MAP kinases (ERK) were examined by Western blotting, but no changes were observed at ≤ 5 µM MC-LF (data not shown). Based on this series of experiments, we conclude that MC-LF can trigger neurotoxicity at high concentrations.

ANOVA with post-hoc testing (Dunnett’s) or by t-test (two groups) as appropriate. P-values < 0.05 were regarded as statistically significant. For curve fitting, a four-parameter fit with top constrains set to 100% was used in GraphPad Prism 5 software (Version 5.03).

3 Results and discussion

3.1 Neurotoxicity of MC-LF, assessed on LUHMES neurons

LUHMES neurons differentiated for 4-6 days are not only fully post-mitotic (Scholz et al., 2011) but show many features of central nervous system cells (Tong et al., 2018; Guthier et al., 2018; Matelski et al., 2020; Weng et al., 2012, 2014). The cells were confirmed to be positive for OATP1A2, a transporter that accepts microcystins (MCs) as substrate (Fig. 1A) (Fischer et al., 2005; Chen and Xie, 2016). When LUHMES cells were exposed to MC-LF (Fig. 1B) for 48 h, we observed specific neurite degeneration at concentrations above about 2 µM (Fig. 1C,D). The number of viable cells (= cell bodies) was not affected at concentrations as high as 5 µM (Fig. 1C). Follow-up experiments showed that 24 h exposure was not sufficient to trigger neurite damage (Fig. S1A-C). Exposure for 24 h followed by a 24 h washout period led to the same toxicity as 48 h continuous exposure (Fig. S1D). This suggests that toxic effects were all triggered during the first 24 h, but manifestation of toxicity (neurite breakdown) took a further day to develop. We tested whether even longer times would allow for more potent toxicant effects. However, exposure for 48 h followed by a 48-h washout (4 days in total) did not lead to more potent effects of MC-LF (Fig. S1E). To further investigate effect specificity, we also investigated MC-LR (Fig. S1F), known to be a less potent toxicant (Feurstein et al., 2011). Indeed, no toxicity was observed here at concentrations up to 5 µM (Fig. S1G). To test for potentially more subtle effects of MC on neurons, several other endpoints were considered. Tau phosphorylation and activation of MAP kinases (ERK) were examined by Western blotting, but no changes were observed at ≤ 5 µM MC-LF (data not shown). Based on this series of experiments, we conclude that MC-LF can trigger neurotoxicity at high concentra-
trations (> 2 µM). Our data, based on established and sensitive endpoints of neurite toxicity, suggest that lower concentrations of MC-LF are inactive in the chosen experimental model of human neurons in the exposure scenarios employed here.

3.2 Transcriptome disturbances triggered by MC-LF

To broadly capture effects of MC on neurons, the transcriptional changes triggered by 48 h exposure to 5 µM MC-LF were measured (Fig. S2A). PCA analysis clearly showed a separation between MC treatment and the control (Fig. S2B). The analysis identified 75 differentially expressed genes (DEGs) (Fig. 2B). The top downregulated DEGs were mainly related to differentiation and chromatin remodeling, such as EXO1, RAD54L or NCAPH, and thus did not indicate specific pathways (Fig. 2C). The most upregulated DEGs included predominantly ribosomal genes like RRS27L, RPL13A, RPS13 and the anti-proliferative factor BTG3. This pattern is consistent with a relatively unspecific cellular stress response. To gain a better understanding of the DEGs, we performed a gene ontology overrepresentation analysis. The upregulated DEGs resulted in more than 20 overrepresented gene ontologies (oGOs) (Fig. S2C). Downregulated DEGs resulted in only eleven oGOs (Fig. S2D). The gene PPP1R17 (protein phosphatase 1 regulatory subunit 17) is included in the oGOs “mRNA catabolic process”, “heterocycle catabolic process” (Fig. S2E), “cellular nitrogen compound catabolic process” and “aromatic compound catabolic process”. Its gene product inhibits the phosphatase activities of protein phosphatase 1 (PP1) and protein phosphatase 2A (PP2A) complexes. Inhibition of PP1 and PP2A is the best described direct mode of action of MCs (Altaner et al., 2020; MacKintosh et al., 1990; Chen and Xie, 2016; Buratti et al., 2017; Valério et al., 2016). It appears that most of the downregulated DEGs are grouped into oGOs dealing with the cell cycle (Fig. S2D), but when investigated more precisely, the included genes in the respective oGOs are linked to the cell cycle only very indirectly. Exemplarily, the DEGs included in the GO “mitotic nuclear division” are mainly genes related to (neuronal) differentiation status like EMX2, SNCA, and TCF4 (Fig. S2F). To integrate the results of the downregulated DEGs and the GO analysis, we assigned the oGOs to key biological processes according to Waldmann et al. (2014).
3.3 Toxicity of MC-LF on peripheral human neurons

We used human pluripotent stem cell-derived peripheral neurons as a second neuronal test system (Fig. S3A²). The cells can be generated in large batches and thawed as required for testing (Fig. S3B²). They provide a suitable test system for mechanistic studies (Hoelting et al., 2016) and screening approaches (Delp et al., 2018). At DoD7 after thawing, the cells express the transporter OATP1A2, which is known to transport MCs (Fig. S3C²). As peripheral neurons are not protected by the blood-brain barrier, they could be more susceptible to neurotoxicants than neurons of the central nervous system. We used the PeriTox assay, in which more than 100 substances already have been tested (Hoelting et al., 2016; Delp et al., 2018), to investigate the effect of MC-LF on neurite outgrowth in peripheral neurons (Fig. 3A). As positive controls, valinomycin (Fig. 3B), a cyclic peptide with L-amino acids produced by Streptomyces, cisplatin, a chemotherapeutic drug, and tubacin, an HDAC inhibitor (Fig. S3D²), were used. Tubacin, a specific HDAC6 inhibitor, catalyzes α-tubulin acetylation (Gao et al., 2007) and thereby interferes with neurite outgrowth. Peripheral neuropathy, a common side effect of chemotherapeutic drugs, can be mimicked by cisplatin application.

As no changes in viability or neurite area were observed after a 24 h treatment with MC-LF point to an altered differentiation state of LUHMES, a typical generalized stress response in adult tissues (Desprez et al., 2019).
as measurable by intracellular calcium changes as an alternative toxicity indicator (Fig. S4A²). As positive controls, we used cell depolarization by an increase of potassium ions (30 mM) (Fig. S4B²) in the medium and exposure to ciguatoxin (15 nM) (Fig. S4C²), a polyether marine biotoxin specifically inhibiting voltage-gated Na⁺ channels (Daneshian et al., 2013). In both cases, clear increases of intracellular free calcium were observed, while MC-LF (2.5 µM) had no effect (Fig. S4A²).

4 Conclusions

Both in vitro systems used in this study clearly showed that low µM concentrations of MC may lead to human neurotoxicity. Since one of the assays was representative of the peripheral nervous system, which is not protected by the blood-brain barrier, the concentration range identified here would with high likelihood trigger acute human neurotoxicity and may be used as point-of-departure for risk assessment of acute exposure settings. In standard nutritional exposure scenarios (including contaminated drinking water or food), human plasma concentrations are likely to be at least 100 to 1000-fold below this hazard threshold. It must be noted that this risk assessment statement does not account for parenteral exposure. It also does not allow conclusions on lower level exposures occurring over considerably longer times than tested here. A follow-up study on this would require cultures that can be exposed for several weeks and may use some of the regulated genes that were identified here as biomarkers of subtle effects.

References

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Conflict of interest

The authors declare no conflict of interest.

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