

# Adverse experiences in childhood influence brain responses to emotional stimuli in adult psychiatric patients

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## ABSTRACT

Previous results suggest that early life stress (ELS) may be related to altered cortical responses to emotional stimuli. In a previous study, we found suppressed cortical responses to emotional pictures in psychiatric patients with high-ELS. The present study explored the stability of this effect across time and stimulation conditions. In addition, the relationship between ELS and current life stress was examined, and we probed whether this current life stress was related to the cortical responses. Fifteen patients with high, 16 patients with low-ELS and 15 psychiatrically healthy subjects with low-ELS participated in two sessions 8 months apart. Subjects monitored a rapid serial presentation of pleasant, neutral and unpleasant pictures during magnetoencephalographic recording. In both sessions, estimated neural activity in occipital–parietal–temporal regions between 70 and 250 ms after picture onset was smaller in patients, particularly in those with high-ELS, compared to healthy subjects. Modulation of activity by arousing (pleasant and unpleasant) compared to neutral stimuli around 200 ms post-stimulus did not differ between groups, whereas around 300 ms, patients did not show the pronounced cortical response to pleasant stimuli exhibited by healthy subjects. Results suggest that ELS and psychiatric disorder (1) diminish early perceptual processing (<200 ms) of emotional stimuli without substantially affecting activity modulation by stimulus arousal value, (2) diminish later attention allocation processes (>300 ms), and (3) are related to more recent life stress. High intraindividual correlations of activity patterns between sessions suggest lasting effects of ELS on processing modes.

## 1. Introduction

Automatic (involuntary) attention capture by emotional cues is supposed to support the preparation and organization of efficient appetitive and defensive actions (Lang et al., 1998). The power of emotional stimuli to attract attention is reflected in the modulation of cortical responses by the salience and valence of affective pictures, as verified in electroencephalographic (EEG; Junghöfer et al., 2001; Schupp et al., 2004), magnetoencephalographic (MEG; Peyk et al., 2008) or functional magnetic resonance imaging (fMRI) studies (Junghöfer et al., 2006; Phan et al., 2004). Activity in posterior brain regions is augmented as early as 150 ms after the onset of arousing pleasant and unpleasant pictures relative to non-arousing neutral pictures. Two components of selective emotional processing have been distinguished from opposite polarity of magnetic fields and from source analyses in an earlier time interval (120–170 ms after stimulus onset) in occipital–parietal–temporal regions and a later time interval (220–310 ms after stimulus onset) in more anterior temporal regions (Peyk et al., 2008). Both

activities have been related to automatic, perceptual attention capture by salient stimuli, but seem to reflect distinct processing states in the visual stream. The modulation of early cortical activation by stimulus content seems to be robust against stimulus duration and frequency, as it has been demonstrated for stimulus duration of 1500 ms (Schupp et al., 2003) and rapid presentation rates between 3 and 12 Hz (Junghöfer et al., 2001; Peyk et al., 2009).

The cortical responses to emotional stimuli, which characterize normal subjects, are often found to differ in individuals with a psychiatric disorder. Moratti et al. (2008) found less modulation of right-hemispheric temporo-parietal activation evoked by arousing pictures in patients with major depressive disorder (MDD) than in healthy controls. Similarly, Canli et al. (2004) reported lower response amplitude to words with happy and more activity to words with sad meaning in MDD patients compared to controls. Schizophrenia patients were found to exhibit less cortical activity modulation to arousing emotional pictures than healthy subjects (Rockstroh et al., 2006), and smaller amplitudes of the P300-event-related potential evoked by negative facial expressions (An et al., 2003). Such changes are assumed to reflect characteristics of psychopathology (like flat affect, negative symptoms) rather than consequences of dampening medication (Dichter et al., 2004; Mueser et al., 1997).

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Affective processing modes may be influenced by experiences early in life. Adverse experiences early in life have been found to influence stress-sensitive systems like the hypothalamus-pituitary-adrenal (HPA) axis and cortical systems (Charmandari et al., 2005; Sterlemann et al., 2008; Champagne et al., 2008; de Kloet et al., 2005; Plotsky et al., 2005). As a consequence, psychophysiological reactivity (e.g., Pole et al., 2007; Meyer et al., 2001) may be modified including more sensitive responses to further stressors (e.g. Hazel et al., 2008; Heim et al., 2004) and altered affective processing (Lang et al., 2007; Taylor et al., 2006). Adverse experiences early in life have also been discussed as potential factor influencing the development and course of psychiatric disorders in predisposed individuals (Andersen and Teicher, 2008, 2009; Leonardo and Hen, 2008; Walker et al., 2008; Cohen et al., 2006; Dinan, 2005; Dohrenwend, 2006; Nemeroff, 2004; Heim et al., 2004; McEwen, 2003). Heim and colleagues (Heim et al., 2003, 2004; Pace et al., 2006; Bradley et al., 2008; see also Van den Bergh et al., 2008) have demonstrated in a subtype of depression that early life stress may increase the sensitivity and reactivity of the HPA-axis, thereby affecting stress-sensitivity and stress reactivity throughout life (e.g., Graham et al., 1999). While this interaction may explain the relationship between early life stress and the course of depressive disorder later in life, it seems unclear, whether the sensitizing effect of early life stress also involves affective processing modes in the brain.

In a previous study, we examined effects of retrospectively reported adverse experiences in childhood (labeled early life stress, ELS, from here on) on cortical responses to emotional stimuli in patients with different psychiatric diagnoses (Weber et al., 2009). Adult patients who had reported a high number of stressful life events in childhood displayed reduced right-posterior activity to high-arousing pleasant and unpleasant pictures 160–210 ms after stimulus onset relative to patients with low ELS and relative to non-stressed, healthy comparison subjects. The present study explored, whether similar indications of altered cortical affective processing would be evident some 1.5 years later as a sign of lasting effects of ELS. Subjects with particularly high and with low ELS were selected from the sample recruited by Weber et al. (2009), see also Weber et al., 2008) to participate in two sessions 11 and 19 months after the previous study. Processing of emotional stimuli was examined using a rapid serial visual presentation (RSVP) protocol (Junghöfer et al., 2001). If ELS exerts lasting effects on the brain's emotional processing modes, we should expect similar cortical responses to emotional stimuli across measurements and stimulation conditions. In addition, considering Heim's model of stress-sensitization by ELS mentioned above, the present study explored, whether an increased vulnerability for stressful experiences would be evident in adult subjects with high ELS and whether cortical processing of emotional stimuli might constitute a mediator between ELS and stress reactivity in adulthood. Therefore, we examined, whether subjects differing in ELS also exhibited different experiences of current life events and whether this was related to cortical responses to emotional stimuli. Specifically, the present study examined the hypotheses that (1) the previously described differences in cortical activation by emotional stimuli between individuals with and without a psychiatric disorder could be replicated, that (2) the previously described differences in cortical activation by emotional stimuli between individuals with high and low ELS were stable across time, and that (3) differences in cortical activation by emotional stimuli between individuals with high and low ELS were related to the individuals' current life stress load.

## 2. Methods

### 2.1. Participants

The present sample comprised 31 patients (12 females, mean age  $40.0 \pm 12.6$  years) and 15 healthy subjects (7 females, mean age  $40.7 \pm 16.8$  years). Subjects were selected on the basis of their history of ELS

assessed with the Early Trauma Inventory (ETI; Bremner et al., 2000; German version by Heim, 2000) from an initial sample of 96 psychiatric inpatients and 36 healthy subjects. The ETI determines adverse experiences in the four domains of emotional neglect, physical abuse, sexual abuse and general traumatic events for different periods of life. An ELS index was defined as the sum of products of frequency and duration for each event reported before the individual onset of puberty<sup>1</sup> summed up across all domains. For the present study, the 15 patients with the highest ELS scores were selected from the original sample. They were compared to 15 subjects of the healthy comparison group, who had generally displayed low stress load scores, and 16 patients with scores within the range of the comparison group. From this sample, 23 patients and 12 healthy subjects had participated in the previous MEG-study one year earlier (Weber et al., 2009).

According to ICD-10 (International Classification of Diseases, 10th Revision), patients had been diagnosed by senior psychiatrists with Major Depressive Disorder (MDD), schizophrenia, drug addiction (DA), and Borderline Personality Disorder (BPD; see Table 1 for demographic and clinical information of the present sample). Most patients were on psychoactive medication receiving combinations of antidepressant and neuroleptic, typical and atypical neuroleptic drugs, or antidepressants of tricyclic or reuptake-inhibitor type (see Table 1). At the time of the present study, the majority of patients had been released, which indicates their clinical improvement. Exceptions were long-term admissions on the forensic ward including ten patients in the first and seven in the second session, of which 3/1 were drug addicts, 4/4 schizophrenics and 3/2 patients with BPD. As participants of the present study were not seen again by the respective hospital psychiatrists and not diagnosed again, the presently reported diagnoses refer to lifetime diagnoses.

Healthy subjects were included into the comparison group, if they had never met criteria of any psychiatric disorder according to the M.I.N.I. (Ackenheil et al., 1998) and did not take psychoactive medication. Individuals with neurological conditions, head trauma with loss of consciousness, or intellectual disability were excluded. All participants had normal or corrected to normal vision. The Edinburgh Handedness Questionnaire (Oldfield, 1970) confirmed right-handedness in 38 participants. Six participants were ambidextrous and two were left-handed. Since analyses with and without the left-handed and ambidextrous subjects did not provide different results, analyses are reported for the entire sample.

### 2.2. Design and procedure

The study protocol was approved by the ethics committee of the University of Konstanz. All participants provided written informed consent.

The present study comprised two measurement points, which were 8 months apart. Using the Münchner Ereignisliste (MEL; Maier-Diewald et al., 1983) each measurement started with the screening of life events experienced in the preceding six months. Life events were assessed in the domains of work, life, interpersonal relationships and violence. Participants were asked whether they had experienced a certain event and to rate the subjectively experienced stressfulness of this event on a 5-point-Likert scale. Thereafter, the MEG was recorded, while subjects monitored pictures in a rapid serial visual presentation (RVSP) protocol (Junghöfer et al., 2001). Based on the normative ratings of emotional valence and arousal, as well as analysis of physical picture parameters, 300 pictures from the International Affective Picture System (IAPS; Center for the Study of Emotion and Attention, 2004) were selected to three categories of 100 high-arousing pleasant, 100 high-arousing unpleasant and 100 low-arousing neutral. Each stimulus was presented once within each of

<sup>1</sup> According to Heim et al. (2004), ELS accounts for the period between birth and the time of sexual maturation, the latter being determined by the onset of puberty.

**Table 1**  
Demographic and clinical characteristics of groups in the two sessions.

	1st session			2nd session		
	High-ELS patients	Low-ELS patients	Healthy subjects	High-ELS patients	Low-ELS patients	Healthy subjects
Number of subjects	15	16	15	13	15	15
Gender (female/male)	8/7	4/12	7/8	7/6	4/11	7/8
Group comparison	$\chi^2(2)=2.83, p=.24$			$\chi^2(2)=2.33, p=.31$		
Age (M $\pm$ SD)	42.7 $\pm$ 12.3	37.5 $\pm$ 12.9	40.7 $\pm$ 16.8	44.5 $\pm$ 12.7	38.9 $\pm$ 13.2	41.6 $\pm$ 16.9
Group comparison	$F(2,43)=0.53, p=.59$			$F(2,40)=0.52, p=.60$		
Diagnosis <sup>a</sup>						
MDD	8	3		7	3	
Schizophrenia	2	8		2	7	
DA	3	3		2	3	
BPD	2	2		2	2	
Group comparison (High- vs. low-ELS)	$\chi^2(3)=5.85, p=.12$			$\chi^2(3)=4.46, p=.22$		
Comorbid diagnoses (M $\pm$ SD)	1.5 $\pm$ 0.8	0.5 $\pm$ 0.6		1.5 $\pm$ 0.9	0.5 $\pm$ 0.7	
Hospitalizations (M $\pm$ SD)	6.5 $\pm$ 6.2	4.5 $\pm$ 3.3		7.7 $\pm$ 6.7	4.3 $\pm$ 3.6	
Medication <sup>b</sup>	No med: 3	No med: 4	No med: 15	No med: 3	No med: 4	No med: 15
	AD&N: 4	AD&N: 2		AD&N: 3	AD&N: 1	
	Ntyp: 1	Natyp: 4		Ntyp: 1	Natyp: 4	
	Natyp: 1	AD: 2		Natyp: 1	AD: 2	
	AD: 2	AD: 1		AD: 2	AD: 1	
	RI: 2	RI: 2		RI: 2	RI: 2	
	Missing: 2	TCA: 1		Missing: 1	TCA: 1	
Early life stress (M $\pm$ SD total score)	311.5 $\pm$ 70.0	42.6 $\pm$ 36.0	32.0 $\pm$ 34.7			

<sup>a</sup> Diagnoses: MDD: Major depressive disorder; DA: Drug addiction; BPD: Borderline personality disorder.

<sup>b</sup> Medication: AD&N: combination of antidepressants and neuroleptics; Ntyp: typical neuroleptics; Natyp: atypical neuroleptics; AD: combination of tricyclics and serotonin/NA reuptake-inhibitors; RI: selective serotonin reuptake inhibitor or serotonin-NA-reuptake inhibitors; TCA: tricyclic antidepressives.

two series of 300 pictures (total 600 stimuli). Pictures were presented without perceivable gap for 349 ms each (2.86 Hz, 60 Hz refresh rate) in a pseudorandom sequence. Presentation order was controlled for transition probabilities between the three stimulus categories. Physical picture parameters (brightness, contrast, color distribution, complexity) did not differ between stimulus categories. Timing and sequence of stimulus presentation were controlled using PRESENTATION software (Neurobehavioral Systems<sup>®</sup>, Albany, CA, USA). Participants were asked to keep their eyes focused on a small central fixation cross overlaying each picture and to attend to the picture series carefully without any additional task. The two picture series were presented without break. Presentation of the total 600 stimuli lasted for about 4 min.

### 2.3. Data acquisition and analysis

The MEG was recorded while subjects were in a prone position using a 148-channel magnetometer (MAGNES<sup>™</sup> 2500 WH, 4D Neuroimaging, San Diego, USA). Neuromagnetic data were continuously recorded with a sampling rate of 678.17 Hz and a bandpass filter of 0.1 to 200 Hz. For artifact control, the vertical and horizontal electrooculogram (EOG from four electrodes placed near the left and right temporal canthus and above and below the right eye) and the electrocardiogram from two electrodes attached to the right and left forearm were recorded using a SynAmps amplifier (NEUROSCAN Laboratories, Sterling, VA, USA). The subject's nasion, left and right ear canal, and head shape were digitized with a Polhemus 3Space<sup>®</sup> Fasttrack prior to each session.

Following noise reduction based on distant reference sensors, MEG data were corrected for heartbeat-related artifacts: In time segments with R-wave artifact, an average magnetocardiogram was subtracted, calculated as a moving average over 20 heartbeats (4D Neuroimaging "cardiac comber" software). Further preprocessing was accomplished with BESA<sup>®</sup> software (MEGIS Software GmbH, Munich, Germany) and included filtering of continuous data with a 0.5 Hz (6 dB/octave, forward-shift) high-pass and a 40 Hz (48 dB/octave, zero-phase-shift) low-pass filter, and rejection of epochs containing eye blinks. Data of one MDD patient from the low-ELS group had to be excluded from analyses of the first session because of too many artifact-contaminated trials.

Following preprocessing, event-related fields were averaged across trials separately for each subject and stimulus category. Of the 200 trials of each stimulus category 188 artifact-free trials were available on average for low-ELS patients, 188 trials for high-ELS patients and 197 trials for healthy subjects in the 1st session (group difference n.s.). A similar number of trials was available in the 2nd session (185 trials for low-ELS patients, 175 trials for high-ELS patients and 198 trials for healthy subjects (difference n.s.). Each trial was referenced to the preceding trial as a baseline. Averaged across trials, baselines represented an average over the three stimulus categories. The L2-Minimum-Norm-Pseudoinverse was used for inverse modeling, providing minimum norm estimates (MNE; Hamalainen and Ilmoniemi, 1994; Hauk et al., 2002; Hauk, 2004). Relying on EMEGS<sup>®</sup> 2.4 custom software (Junghöfer and Peyk, 2004) written in Matlab<sup>®</sup> (MathWorks Inc., MA, USA), a spherical shell with 2 $\times$ 350 evenly distributed dipoles (azimuthal and polar direction, radial dipoles do not generate magnetic fields outside of a sphere) served as the source model. A source shell radius of 87% of the individually fitted head radius was chosen, roughly corresponding to grey matter. A Tikhonov regularization parameter of 0.2 was applied. Independent of dipole direction, source strength was calculated as the vector length of the generator activity at each position for each subject, condition and time point based on the averaged magnetic field distributions and individual sensor positions.

The course of global power of estimated neural activity, illustrated in Fig. 1 for the 1st session, indicates two activity peaks around 100 ms and 200–250 ms after stimulus onset, followed by a general decline in activity. Whereas activity differs between patients and healthy subjects around 100 ms, differences between high- and low-ELS subjects emerge at around 200 ms and later. For statistical evaluation of group and stimulus effects, two sets of point-wise repeated-measures analysis of variance (ANOVA) were accomplished separately for each estimated source and time point: one ANOVA, carried out with healthy subjects only, included the within-subject factor Emotion (comparing pleasant, unpleasant and neutral stimuli). This ANOVA served to verify the modulation of cortical activation by emotional stimulus content as described, for instance, by Peyk et al. (2008, see also Schupp et al., 2006). The second ANOVA included the between-subjects factor ELS (comparing the three groups). To avoid false positives, significant effects were

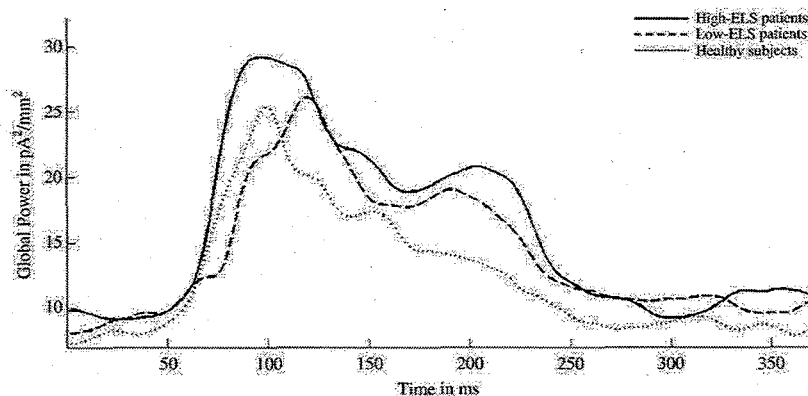


Fig. 1. Time course of overall estimated source activity (global power in  $\text{pA}^2/\text{mm}^2$ ) in the first session, averaged across stimulus categories separately for patients with high ELS (dotted line), patients with low ELS (dashed line) and healthy comparison subjects (solid line).

only considered when they included a minimum of 21 continuous data points (32 ms) and when at least two adjacent representative dipoles showed the effect. The first set of ANOVAs determined two time windows with prominent effects of stimulus content, 120–170 ms and 250–349 ms after stimulus onset. The second set of ANOVAs determined group differences for the time windows 70–120 ms, and 170–250 ms after stimulus onset. In the next step, cortical regions (regions of interest, ROI), in which the differences between groups or stimulus conditions were prominent, were determined by plotting the statistical measures of activity differences ( $F$ -ratios) onto a spherical configuration of dipoles. Fig. 2 illustrates the ROIs defined as dipole groups with highly significant  $F$ -ratios for each time window.

Effects of psychiatric disorder and ELS on dipole activity in the four time windows were verified by two repeated-measures analyses of variance (ANOVA), one with the between-subject factor Group (comparing patients and healthy subjects), the other with the between-subject factor ELS (comparing high-ELS, low-ELS patients and healthy subjects). In both ANOVAs the effect of emotional stimulus content was evaluated by the within-subject factor Emotion (comparing pleasant, unpleasant, and neutral stimuli), and in both ANOVAs, differences of dipole activity between left and right ROI were tested with the additional within-subject factor Hemisphere. Main effects of Group or ELS should reflect overall differences in cortical responses across stimulus categories, whereas interactions between Group or ELS and Emotion should reflect group-dependent differential processing of stimulus content. Post hoc analyses decomposed significant main effects or interactions with orthogonal polynomial contrasts and follow-up pair-wise comparisons corrected with Bonferroni, with polynomial contrasts capturing the effect of stimulus valence (pleasant vs. unpleasant) as a linear trend and the effect of stimulus arousal (pleasant and unpleasant vs. neutral) as a quadratic trend. These trends reflect a priori hypotheses about critical dimensions of emotion (e.g. Lang et al., 1998). Effects of ELS (ELS-score as a measure of severity and age at the first reported event as a measure of ELS-onset) on dipole activity were probed by intraindividual partial correlations ( $r$ ) using the number of reported life events as a control variable. In addition, effects of disorder-severity on dipole activity were probed by non-parametric Spearman correlations with the number of hospitalizations and the number of comorbid diagnoses. In order to control for potential gender effects on cortical activity (Sabatinelli et al., 2004), an additional ANOVA with the between-subject factor Gender and the within-subjects factors Emotion and Hemisphere was accomplished. A main effect Gender only emerged in the 120–170 ms interval in the 1st session ( $F(1,43) = 8.12, p < .01$ ) with men displaying stronger cortical responses than women irrespective of stimulus valence. Since there were no interactions with Emotion or Hemisphere in any of the four components, results are reported for men and women together. Temporal stability of cortical activity across sessions was explored using Pearson correlations ( $r$ ) and an additional

exploratory ANOVA including the within-subject factor Time (comparing dipole activities of the two sessions).

Finally, as interview data were not distributed normally, group differences and variations across the two sessions regarding current life stress were evaluated with non-parametric tests (Kruskal–Wallis ( $\chi^2$ ) and Mann–Whitney- $U$  ( $U$ ) for independent, Wilcoxon signed-rank test ( $T$ ) for dependent measures). The relationship between current life stress and cortical responses was probed by non-parametric Spearman correlations.

For all analyses statistical significance was evaluated at the .05 level. Possible violations of the homogeneity of covariance assumption were corrected with the Huynh–Feldt epsilon (statistical reports include uncorrected degrees of freedom and epsilon-corrected  $p$ -values).

### 3. Results

#### 3.1. Processing of emotional stimuli is modified by psychiatric disorder

Lower dipole activity in patients as opposed to healthy subjects, as illustrated in Fig. 1 for the 1st session, was statistically confirmed for the 70–120 ms and the 170–250 ms interval (main effect Group,  $p < .05$ ; see also Table 2). In the 2nd session, group differences were verified for all three latency windows between 70 and 250 ms.

In patients and controls, modulation of occipital–parietal dipole activity by high-arousing pleasant and unpleasant relative to low-arousing neutral stimuli was evident 120–170 ms following stimulus onset (Emotion, 1st session,  $F(2,86) = 10.94, p < .0001, \epsilon = 1.0$ ; linear trend explaining 19% of the variance,  $F(1,43) = 4.16, p < .05$ ; quadratic trend explaining 81% of the variance,  $F(1,43) = 17.97, p < .001$ ). In the 2nd session, the Emotion effect ( $F(2,82) = 4.62, p < .05, \epsilon = 1.0$ ) was carried by a linear trend indicating the largest responses to unpleasant stimuli (linear trend explaining 85% of the variance,  $F(1,41) = 8.90, p < .01$ , quadratic trend explaining 15%,  $F(1,41) = 1.15, p > .2$ ). At 250–349 ms, groups differed in the modulation of dipole activity by emotional content (Group  $\times$  Emotion, 1st session,  $F(2,86) = 5.97, p < .01$ , 2nd session,  $F(2,82) = 6.52, p < .01$ ): healthy subjects exhibited most pronounced parietal–temporal dipole activity in response to pleasant stimuli (linear trend explaining 72% of the variance in the 1st session,  $F(1,14) = 18.67, p < .001$ , and 67% in the 2nd session,  $F(1,14) = 10.41, p < .01$ ), whereas modulation by arousal prevailed in patients (1st session, quadratic trend explaining 60% of the variance,  $F(1,29) = 4.95, p < .05$ ; 2nd session, 97%,  $F(1,29) = 3.90, p = .06$ ).

#### 3.2. Processing of emotional stimuli is modified by ELS

If ELS was related to lasting changes in cortical affective processing, we might expect a relationship between ELS and present estimated neural activity. Across all subjects, correlation coefficients

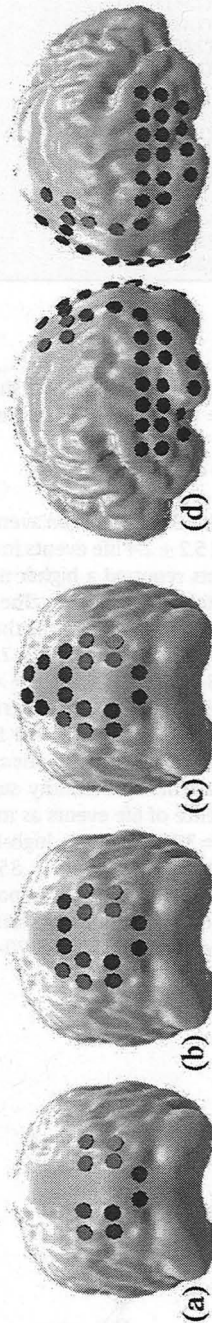


Fig. 2. Schematic positions of modeling sources used for statistical analyses. For illustrative purposes, the dipoles forming the regions of interest (ROIs) are superimposed on the back view of a schematic cortical surface for activity (a) 70–120 ms, (b) 120–170 ms, (c) 170–250 ms, and (d) on left- and right-sided view for activity 250–349 ms after stimulus onset. Optimizing tests for laterality central model sources belonging to both groups have not been considered.

indicated that higher ELS was moderately related to lower overall dipole activity (all components, all stimulus categories, both hemispheres; 1st session:  $r = -.31$ ,  $p < .05$ ; 2nd session:  $r = -.36$ ,  $p < .05$ ).

Figs. 1 and 3 indicate lower estimated source activity in high-ELS patients compared to low-ELS patients and healthy subjects around 200 ms and thereafter. This was confirmed in the repeated measure ANOVA for the 170–250 ms component (ELS 1st session:  $F(2,42) = 4.29$ ,  $p < .05$ ; 2nd session:  $F(2,40) = 5.70$ ,  $p < .01$ ). Bonferroni post hoc tests verified significant differences between high-ELS and healthy subjects (1st session,  $p < .05$ , 2nd session,  $p < .01$ ), whereas low-ELS patients did not differ significantly from the other two groups. Correlations between higher ELS scores and lower neural activity across subjects were also confirmed for this time window (1st session:  $r = -.40$ , 2nd session:  $r = -.40$ ,  $p < .01$ ). ELS-onset (measured by the age at the first reported event) and dipole activity at 170–250 ms were significantly correlated across subjects in the first ( $r = .34$ ,  $p < .05$ ) but not in the second session. Neither within the patient group nor within the diagnostic subgroups, relationships between dipole activity and severity of illness (measured by the number of hospitalizations and the number of comorbid diagnoses) were significant.

All subjects showed modulation by arousal between 120–170 ms, which persisted in high-ELS patients in the subsequent 170–250 ms window (1st session, ELS  $\times$  Emotion,  $F(4,84) = 2.44$ ,  $p = .05$ ; main effect Emotion for high-ELS patients  $F(2,28) = 4.92$ ,  $p < .05$ , quadratic trend explaining 52% of the variance,  $F(1,14) = 6.39$ ,  $p < .05$ ). In the later 250–349 ms time interval an interaction ELS  $\times$  Emotion (1st session,  $F(2,84) = 3.02$ ,  $p < .05$ ; 2nd session:  $F(4,80) = 3.20$ ,  $p < .05$ ; main effects Emotion, 1st session,  $F(2,84) = 15.22$ ,  $p < .001$ ; 2nd session,  $F(2,80) = 8.14$ ,  $p < .001$ ) resulted from pronounced activation by pleasant stimuli in healthy subjects (linear trend,  $F(1,14) = 18.67$ ,  $p < .001$ ) compared to low-ELS patients, who tended to show a dominant modulation by arousal (quadratic trend,  $F(1,14) = 2.97$ ,  $p = .1$ ), and high-ELS patients, who exhibited neither arousal nor valence modulation (quadratic trend,  $F(1,14) = 1.91$ ,  $p = .19$ ; linear trend,  $F < 1$ ). Stronger activation by pleasant stimuli in this time interval was related to later ELS-onset across subjects in both sessions (1st session:  $r = .37$ , 2nd session:  $r = .34$ ,  $p < .05$ ), but there were no significant correlations with ELS-severity. Neither within the patient group nor within the diagnostic subgroups, relationships between cortical responses to pleasant stimuli and severity of illness were significant.

Right-hemispheric dominance of dipole activity was verified for all subjects around 200 ms (120–170 ms or 170–250 ms, see Tables 2 and 3 for Hemisphere effects). For the 170–250 ms component, an Emotion  $\times$  Hemisphere interaction (1st session,  $F(2,86) = 4.66$ ,  $p < .05$ ,  $\epsilon = .93$ ; 2nd session, 120–170 ms,  $F(2,82) = 4.09$ ,  $p < .05$ ; 170–250 ms,  $F(2,82) = 3.60$ ,  $p < .05$ ) confirmed that the described modulation of estimated neural activity by emotional stimulus content was confined to the right hemisphere.

### 3.3. Stability of ELS effects

Fig. 4 illustrates high intraindividual correlation, that is, stability of cortical responses to emotional stimuli across the two measurements. Pearson correlation coefficients were significant for the four components and the three stimulus categories (70–120 ms:  $r = .70$  to  $r = .86$ ; 120–170 ms:  $r = .67$  to  $r = .81$ ; 170–250 ms:  $r = .76$  to  $r = .85$ ; 250–349 ms:  $r = .36$  ( $p < .05$ ) to  $r = .73$ , all  $p < .01$ ), indicating similarity of response patterns across time. The ANOVA including the within-subjects factor Time disclosed larger early (70–120 ms) dipole activity in the 2nd compared to the 1st session in all subjects ( $F(1,40) = 9.23$ ,  $p < .01$ ,  $\epsilon = 1.0$ ). In healthy subjects, larger activity in the 2nd session was also found at 170–250 ms (Time  $\times$  Group,  $F(1,40) = 4.26$ ,  $p < .05$ ; Time,  $F(1,40) = 10.82$ ,  $p < .01$ ;  $\epsilon = 1.0$ ). Stability of ELS effects across time can be taken also from similarity of effects across the two sessions, as summarized in Tables 2 and 3. Exceptions from similarity have to be

**Table 2**

Statistical effects of Group (patient vs comparison), Emotion (pleasant vs unpleasant vs neutral stimuli) and Hemisphere (left vs right) on dipole activity in the four latency windows, separately for the two sessions.

	70–120 ms	120–170 ms	170–250 ms	250–349 ms
<i>1st session</i>				
Group	$F(1,43) = 4.48^*$	$F(1,43) = 1.50$	$F(1,43) = 4.56^*$	$F(1,43) = 1.96$
Emotion	$F(2,86) = 1.43$	$F(2,86) = 10.94^{***}$	$F(2,86) = 2.45^*$	$F(2,86) = 20.27^{***}$
Hemisphere	$F(1,43) = 1.64$	$F(1,43) = 3.28^*$	$F(1,43) = 8.43^{**}$	$F(1,43) = 1.21$
Group × Emotion	$F < 1$	$F(2,86) = 1.66$	$F(2,86) = 1.61$	$F(2,86) = 5.97^{**}$
Group × Hemisphere	$F < 1$	$F(1,43) = 3.24^*$	$F(1,43) = 1.55$	$F < 1$
Emotion × Hemisphere	$F < 1$	$F(2,86) = 1.66$	$F(2,86) = 4.66^*$	$F(2,86) = 2.01$
Group × Emotion × Hemisphere	$F(2,86) = 1.41$	$F < 1$	$F(2,86) = 2.18$	$F(2,86) = 2.80^*$
<i>2nd session</i>				
Group	$F(1,41) = 6.31^*$	$F(1,41) = 4.05^*$	$F(1,41) = 10.75^{**}$	$F(1,41) = 2.53$
Emotion	$F(2,82) = 7.58^{**}$	$F(2,82) = 4.62^*$	$F(2,82) = 1.32$	$F(2,82) = 12.53^{***}$
Hemisphere	$F < 1$	$F(1,41) = 2.96^*$	$F(1,41) = 4.88^*$	$F(1,41) = 3.91^*$
Group × Emotion	$F(2,82) = 6.34^{**}$	$F(2,82) = 1.32$	$F < 1$	$F(2,82) = 6.52^{**}$
Group × Hemisphere	$F < 1$	$F(1,41) = 1.44$	$F < 1$	$F(1,41) = 2.44$
Emotion × Hemisphere	$F < 1$	$F(2,82) = 4.09^*$	$F(2,82) = 3.60^*$	$F < 1$
Group × Emotion × Hemisphere	$F < 1$	$F(2,82) = 2.39^*$	$F(2,82) = 2.87^*$	$F(2,82) = 4.71^*$

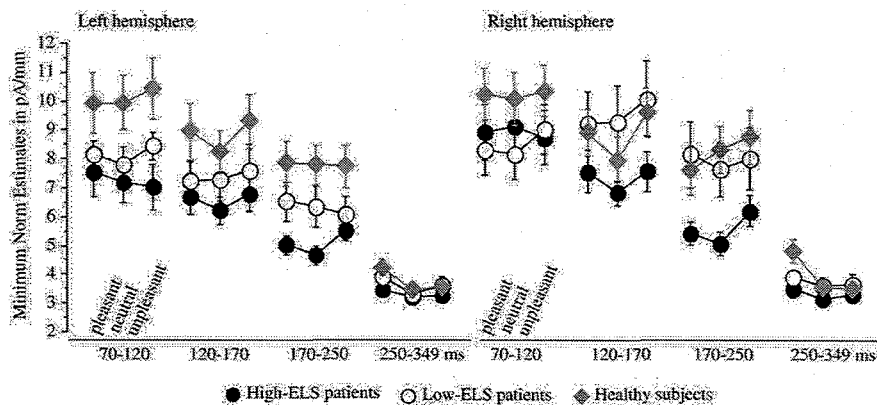
\*:  $p < .05$ ; \*\*:  $p < .01$ ; \*\*\*:  $p < .001$ ; +:  $p < .1$ , F-ratios without superscript:  $p > .1$ .

noted: (1) in the 2nd session dampened dipole activity and group-specific emotional modulation of dipole activity in high-ELS patients became prominent already in the earliest time window 70–120 ms after stimulus onset, which was not the case in the 1st session (see Table 3, 2nd session: main effect ELS,  $F(2,40) = 3.14$ ,  $p < .05$ , ELS × Emotion,  $F(4,80) = 3.14$ ,  $p < .05$ , Emotion,  $F(2,80) = 5.0$ ,  $p < .01$ ). The arousal modulation was most pronounced in high-ELS patients (quadratic trend  $F(1,12) = 5.27$ ,  $p < .05$ ). Low-ELS patients did not show any modulation by stimulus content (quadratic trend  $F(1,14) = 1.78$ ,  $p = .20$ ). The interaction Group × Emotion in Table 2 ( $F(2,82) = 6.34$ ,  $p < .05$ ; Emotion,  $F(2,82) = 7.58$ ,  $p < .01$ ,  $\epsilon = 0.97$ ) may be explained as a related effect. (2) In contrast—or as a consequence—emotional modulation at 170–250 ms was weaker in the 2nd compared to the 1st session, so that interactions of Emotion with ELS or Hemisphere were no longer significant (see Table 3). Since the Emotion × Hemisphere effect, which was significant at 170–250 ms in the 1st session, became significant for the earlier 120–170 ms window in the 2nd session (see Table 3), one may again speculate that modulation started slightly earlier in the 2nd compared to the 1st session. (3) Emotional modulation in the two patient groups (high- and low-ELS) at 250–349 ms were reverse in the 2nd relative to the 1st session: high-ELS patients displayed an arousal effect (quadratic trend  $F(1,12) = 5.07$ ,

$p < .05$ ), whereas low-ELS patients did not show any modulation (quadratic trend  $F(1,14) = 1.13$ ,  $p = .31$ ) in the 2nd session.

#### 3.4. ELS, current life stress and cortical activity

Subjects reported  $5.3 \pm 2.9$  life events on average for the preceding six months in the 1st and  $5.2 \pm 2.4$  life events in the 2nd session (see Table 4). High-ELS patients reported a higher number of life events than low-ELS patients and healthy subjects. The number of reported life events did not differ across the 8 months that separated the two sessions (total sample: Wilcoxon  $T = 447$ ,  $p = .75$ ; high-ELS patients,  $T = 45.5$ ,  $p = 1.0$ ; low-ELS patients,  $T = 47$ ,  $p = .46$ ; healthy subjects,  $T = 52$ ,  $p = .65$ ). Participants subjectively experienced life events as only mildly stressful ( $M \pm SD$   $2.2 \pm 1.0$  on the 5-point-Likert scale). Still, high-ELS patients perceived the experienced events as more stressful than low-ELS patients and healthy subjects. Within eight month, subjective experience of life events as more stressful did not change (total sample:  $T = 396.5$ ,  $p = .66$ ; high-ELS patients:  $T = 25$ ,  $p = .27$ , low-ELS patients:  $T = 49.5$ ,  $p = .85$ , healthy subjects  $T = 37.5$ ,  $p = .20$ ). Across subjects, lower dipole activity was not related to the number of stressful events but to the subjective experience of life events as more stressful at 170–250 ms (1st session,



**Fig. 3.** Estimated source activities in the 1st session are plotted for four latency windows (abscissa: 70–120 ms, 120–170 ms, 170–250 ms, 250–349 ms after stimulus onset) separately for emotional stimulus content (pleasant–neutral–unpleasant), group (filled circles: high-ELS patients, open circles: low-ELS patients, grey squares: healthy subjects) and left and right hemisphere. Ordinate: Dipole activity expressed as minimum norm estimates, Mean  $\pm$  Standard Error in pA/mm.

**Table 3**

Statistical effects of ELS (high-ELS vs low-ELS patients vs comparison), Emotion (pleasant vs unpleasant vs neutral stimuli) and Hemisphere (left vs right) on dipole activity in the four latency windows, separately for the two sessions.

	70–120 ms	120–170 ms	170–250 ms	250–349 ms
<i>1st session</i>				
ELS	$F(2,42) = 2.22$	$F(2,42) = 1.79$	$F(2,42) = 4.29^*$	$F(2,42) = 1.66$
Emotion	$F(2,84) = 1.40$	$F(2,84) = 9.39^{***}$	$F(2,84) = 3.13^*$	$F(2,84) = 15.22^{***}$
Hemisphere	$F(1,42) = 2.98^+$	$F(1,42) = 6.72^*$	$F(1,42) = 13.16^{***}$	$F < 1$
ELS × Emotion	$F(4,84) = 1.98$	$F(4,84) = 1.34$	$F(4,8) = 2.44^*$	$F(4,84) = 3.02^*$
ELS × Hemisphere	$F(2,42) = 1.36$	$F(2,42) = 2.78^*$	$F(2,42) = 2.65^+$	$F < 1$
Emotion × Hemisphere	$F < 1$	$F(2,84) = 1.59$	$F(2,84) = 3.45^*$	$F < 1$
ELS × Emotion × Hemisphere	$F < 1$	$F < 1$	$F(4,84) = 1.84$	$F(4,84) = 1.77$
<i>2nd session</i>				
ELS	$F(2,40) = 3.14^*$	$F(2,40) = 2.30$	$F(2,40) = 5.70^{**}$	$F(2,40) = 1.23$
Emotion	$F(2,80) = 5.00^{**}$	$F(2,80) = 3.23^*$	$F(2,80) = 1.33$	$F(2,80) = 8.14^{**}$
Hemisphere	$F < 1$	$F(1,40) = 4.88^*$	$F(1,40) = 5.18^*$	$F(1,40) = 2.19$
ELS × Emotion	$F(4,80) = 3.14^*$	$F < 1$	$F < 1$	$F(4,80) = 3.20^*$
ELS × Hemisphere	$F < 1$	$F < 1$	$F < 1$	$F(2,40) = 1.34$
Emotion × Hemisphere	$F(2,80) = 1.10$	$F(2,80) = 4.15^*$	$F(2,80) = 1.89$	$F(2,80) = 1.32$
ELS × Emotion × Hemisphere	$F < 1$	$F(4,80) = 1.35$	$F(4,80) = 1.60$	$F(4,80) = 2.38^+$

\*:  $p < .05$ , \*\*:  $p < .01$ , \*\*\*:  $p < .001$ ; +:  $p < .1$ ,  $F$ -ratios without superscript:  $p > .1$ .

$r_s = -.37$ , 2nd session,  $r_s = -.28$ ,  $p = .07$ ) and at 250–349 ms (1st session,  $r_s = -.36$ ,  $p < .05$ ).

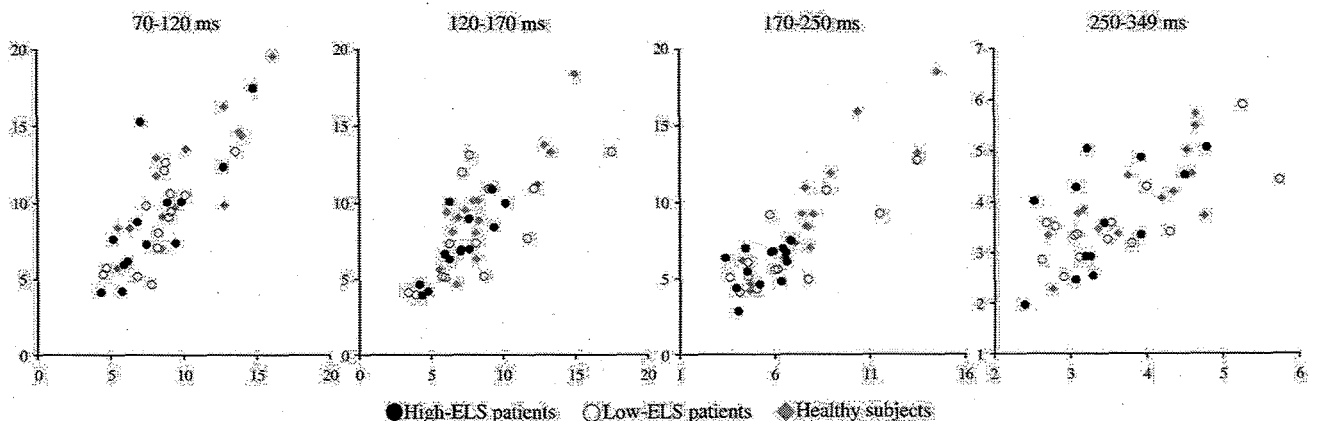
#### 4. Discussion

The present study explored long-term effects of early life stress on cortical affective processing modes, the stability of these effects across an eight-month interval, and their relation to current life stress in psychiatric patients. Lifelong effects of early life experiences on physiological and psychological functions have been verified in animal studies (Plotsky et al., 2005; Spinelli et al., 2009). In humans, they have been inferred from the relationship between early life stress, abnormal HPA-axis functioning, and severity of disorder in a subgroup of depressive patients (Heim et al., 2003, 2008; Bradley et al., 2008). Longitudinal or prospective studies in humans (e.g., Landrigan et al., 2008) disclosed an effect of additional stressful experiences later in development on the relationship between childhood stress and adult depression (e.g. Hazel et al., 2008) and effects of early abuse on lasting psychological distress (Lindhorst et al., 2009).

Comparing subgroups of patients with high and low ELS, present results confirmed a relationship between early life stress and abnormal cortical activity to affective pictorial stimuli. As reported for a slightly different stimulation design (Weber et al., 2009), higher ELS varied with dampened cortical responses to emotional stimuli. Lasting effects of childhood experiences were further suggested by the temporal stability

of altered cortical affective processing over about eight months. Temporal stability of cortical responses to affective visual stimuli has been documented across a period of ten days (Codispoti et al., 2007). We are not aware of other studies examining stability of cortical responses and their relationship to events earlier in life across a similar period of time. The present results suggest the challenging hypothesis that the stability of ELS effects on cortical processing modes may be considered parallel to the lifelong effects reported in animal studies. This needs to be substantiated in further studies.

Dampened cortical responses to emotional stimuli seem intriguing, as one might expect more pronounced responses to emotionally arousing stimuli as a consequence of a sensitizing effect of ELS. Stress-sensitization as a result of ELS has been demonstrated for endocrinological responses (e.g. Charmandari et al., 2003; Danese et al., 2008; Heim et al., 2008) and sensitivity to further life stress (e.g. Espejo et al., 2007; Wright et al., 2009; Matz et al., in press). In patients suffering from PTSD, early enhanced frontal activation in response to emotional stimuli has been found in MEG studies (Junghöfer et al., 2003; Borgelt et al., 2009). Functional MRI studies found augmented subcortical activity in the amygdala and insula (e.g. Etkin and Wager, 2007; Morey et al., 2008). On the other hand, PTSD patients also exhibited reduced activation in other regions associated with the experience and regulation of emotion like anterior cingulate and prefrontal structures (Etkin and Wager, 2007). However, these patients experienced traumatic stress in late adolescence or



**Fig. 4.** Mean estimated source activity in pA/mm (across stimulus categories and hemisphere) in the 1st session (ordinate) is plotted against mean activity in the 2nd session (abscissa) for each subject separately for the four components (filled circles: high-ELS patients, open circles: low-ELS patients, grey squares: healthy subjects).

**Table 4**

Life events and their experienced strain during the six month preceding the 1st and 2nd sessions.

	1st session			2nd session		
	High-ELS patients	Low-ELS patients	Healthy subjects	High-ELS patients	Low-ELS patients	Healthy subjects
Number life events (M ± SD)	6.67 ± 3.06	5.37 ± 2.75	3.87 ± 2.33	6.38 ± 2.96	5.13 ± 2.00	4.27 ± 1.94
Group comparison	$\chi^2(2) = 7.19, p < .05$			$\chi^2(2) = 4.67, p < .10$		
High-ELS vs healthy Ss	$U = 51.5, p < .05$			$U = 53.5, p < .05$		
Low-ELS vs healthy Ss	$U = 78.5, p < .10$			$U = 82.0, p = .22$		
High- vs low-ELS	$U = 88.5, p = .21$			$U = 74.5, p = .28$		
Subjective strain (M ± SD)	2.77 ± 0.92	2.45 ± 0.65	1.51 ± 0.87	2.58 ± 1.01	2.28 ± 0.85	1.89 ± 0.70
Group comparison	$\chi^2(2) = 16.84, p < .001$			$\chi^2(2) = 6.89, p < .05$		
High-ELS vs healthy Ss	$U = 24.0, p < .001$			$U = 46.5, p < .05$		
Low-ELS vs healthy Ss	$U = 47.5, p < .01$			$U = 68.5, p < .10$		
high- vs low-ELS	$U = 72.0, p < .10$			$U = 71.0, p = .22$		

adulthood and intensity as well as timing of stress may modulate cortical affective processing in different ways (Lupien et al., 2009). It seems also possible that dampened cortical activation reflects stress-related functional brain changes, as Tomoda et al. (2009) found reduced grey matter volume in primary and secondary visual cortices in subjects with a history of childhood sexual abuse. Moreover, white matter tract abnormalities indicating alterations in neural pathways have been associated with parental verbal abuse (Choi et al., 2009). While cortical activity can be reliably determined with the localization methods used in the present study, it is difficult to draw conclusions on (possibly enhanced) subcortical activation and on alterations in neuroanatomical pathways that might be related to dampened activation in the visual cortex. Finally, dampened cortical responses to emotional stimuli (Moratti et al., 2008) and delayed and reduced P300 responses to target stimuli (Kemp et al., 2009) have been reported for depressive patients. These results have been interpreted as an impairment of attention allocation. As depressive patients with high ELS constituted a substantial subgroup of the present sample, diagnosis-specific or -related clinical aspects might have resulted in the dampened response to pleasant stimuli around 300 ms. Although available clinical variables (number of hospitalizations and number of comorbid diagnoses, which may roughly point to severity and duration of illness) were not related to the reported cortical activity, we cannot rule out the impact of disorder-specific aspects. The present sample may also reflect the effects of ELS on vulnerability for and course of MDD in a subgroup of (genetically) predisposed individuals, as modeled by Heim et al. (2008). Specification of the distinct effects of the two factors, depression and ELS, requires larger and more balanced samples than available for the present study. However, in the light of assumptions of gene × environment interactions, isolated main effects of either ELS or diagnosis seem unlikely (e.g., Kendler et al., 2005; Turkheimer, 2000; Bradley et al., 2008).

The hypotheses, that ELS influences vulnerability for and reactivity to current stressors in adulthood, and that emotional processing might contribute to this lasting stress-sensitivity was partly supported: ELS predicted the perception of current life events as more stressful in the present adult sample. Cortical responses to emotional stimuli were related to ELS, but less prominent to current stress-sensitivity. Thus, although present results may be considered a preliminary indication that affective cortical processing modes may constitute a mediating factor between ELS and psychological dysfunctions in adulthood, the mediating pathway remains to be specified in future studies for larger samples. Moreover, it should be emphasized that the reported correlations do not bear causal relationships.

The present design addressed specific aspects of cortical affective processing modes. Posterior activity in the latency range 150–300 ms after stimulus onset has been related to automatic perceptual processing and attention capture by emotional stimuli (Junghöfer et al., 2006; Lang et al., 1998; Schupp et al., 2003, 2004, 2006; Codispoti et al., 2007; LeDoux, 2000). Despite of an overall reduced

response, ELS did not substantially influence the modulation of activity by the arousal and valence of stimuli around 200 ms. Around 300 ms, high-ELS patients did not show the 'normal' response to pleasant stimuli in the first assessment, whereas arousal modulation was found in the second assessment. This suggests reduced modulation by stimulus valence. Taken together, ELS differentially affected activity in early and late time intervals that are assumed to reflect distinct states in visual emotional processing (Peyk et al., 2008). Results suggest a dampened though still sufficiently functioning automatic attention capture by emotional stimuli.

The small and unbalanced samples of the present study are certainly a major methodological shortcoming and limit the conclusions. Longitudinal studies bear the problem of drop outs and the repeated study of selected samples even amplified this problem, resulting in subsamples too small to adequately evaluate the interaction of ELS and disorder-specific influences on brain activation. Moreover, modulation of cortical responses by emotional arousal of stimulus content in healthy subjects of the present study was confined to an earlier and smaller latency window (120–170 ms) compared to results reported in the literature for normal subjects (e.g. Peyk et al., 2008, 2009). The present healthy sample differed from those 'normal' subject groups with respect to age, as subjects were recruited to be comparable to the patient samples. Moreover, the small sample size may have increased variability, and thereby reduced significant effects.

Despite of these limitations, the present results point to lasting effects of adverse childhood experiences on cortical processing modes and stress-sensitivity. Further validation of a potential specific impairment of evaluation of the intrinsic significance of emotional stimuli should improve our understanding of the relationship between adverse experiences early in life and the course of mental illness.

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