Effects of a dissipative coupling to the momentum of a particle in a double well potential

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Double well potentials offer the possibility of coherent state preparation and therefore constitute important building blocks in the analysis of quantum information and quantum engineering devices. Here we present a study of the coherent tunneling in a parabolic double well potential in the presence of different dissipative interactions. Specifically, we investigate the effects of an environmental coupling to the momentum and/or to the position of a particle in the potential. Using the semiclassical approximation to calculate instanton paths in Euclidean time, we find that momentum dissipation enhances the coherent tunnel splitting. In the presence of both types of dissipation, momentum dissipation shifts the critical coupling strength of the dissipative phase transition induced by the position dissipation.

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I. INTRODUCTION

Preserving and controlling quantum behavior is of the main interest in today’s research, paving the way to quantum engineered systems like quantum computers and quantum simulators [1]. In experimental setups, the coupling to environmental degrees of freedom is one of the main sources of decoherence. To theoretically describe these systems accurately, we therefore have to take unavoidable effects of the environment into account [2,3]. On the other hand, recent progress in experimental setups promise the realizability of reservoir engineered quantum systems, aiming to simulate dissipative quantum problems or to control quantum information systems [4–8]. In these perspectives, the seminal theoretical work of Caldeira and Leggett on open quantum systems is still of major importance in today’s research. They studied dissipative effects on quantum tunneling, in particular, the decay out of metastable potentials affected by dissipation, by using a phenomenological model, in which the environment consists of a bath of harmonic oscillators with a given spectral density [9,10]. Since then the Caldeira-Leggett model had a huge influence on the theory of open quantum systems with many applications [2,3].

Double well potentials, potentially describing a qubit, are important in the context of dissipative effects on quantum information systems. In the reduction to a two-level system, the analysis of quantum dissipation was investigated using the spin-boson model [11,12]. In extensions beyond this reduced scheme, the particle in the full potential is coupled to a Caldeira-Leggett bath of harmonic oscillators via its position coordinate (conventional dissipation). While early works studied the second problem in the Ohmic regime analytically using the instanton technique [13–15], other groups used numerical Monte Carlo or renormalization group techniques [16–19]. All these approaches yield the important result that dissipation destroys the coherent superposition states leading to a classical localized state (dissipative phase transition). Contrarily, Fujikawa et al. observed an enhancement of quantum tunneling in the double well by dissipative interactions in the super-Ohmnic regime, because of a virtual mixing of the ground states with excited states [20]. In the limit of low temperatures, when the particle is coupled to an Ohmic environment through a given operator, the quantum fluctuations of the respective observable are squeezed. This effect leads to an enhancement of the quantum fluctuations of canonically conjugate observables, since the Heisenberg uncertainty has to be fulfilled. For example, coupling the environment to the momentum of the particle increases the quantum fluctuations of the position. Such a dissipative mechanism can lead to an enhancement of quantum effects [21]. When both dissipative couplings are present (termed dissipative frustration), the quantum fluctuations in a harmonic oscillator become nonmonotonic as a function of the dissipative coupling [22–24]. Dissipative momentum and position couplings can be translated to dissipative charge or dissipative phase couplings in electrical quantum circuits, respectively [25]. In these systems, a variety of effects, including dissipative quantum phase transitions have been observed [26–28]. In the frustrated case in the presence of both phase and charge dissipation, the critical line in the phase diagram of a superconducting chain shows a nonmonotonic behavior as a function of the dissipative coupling [29]. On the other hand, coupling of two bosonic baths within the spin-boson model to two noncommuting observables in the Ohmic regime (e.g., $\sigma_x$ and $\sigma_y$) results in a canceling effect of both couplings preserving quantum tunneling [30,31].

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In this work, we study how momentum (which we denote as unconventional) dissipation affects the tunnel splitting of a particle in a parabolic double well potential. We investigate this system in the limit of zero temperature, where quantum fluctuations are dominant. Further, we analyze the interplay with conventional position dissipation and its implications on the dissipative phase transition. We use the Euclidean path integral method to calculate the diagonal density matrix element in presence of both dissipative couplings in the semiclassical limit. The instanton method \cite{32,33} allows us to evaluate the tunnel splitting. Employing Anderson’s renormalization group approach \cite{34}, we furthermore determine its effects on the phase transition. We find that the tunnel splitting is enhanced by increasing the dissipative momentum coupling. For the case of both dissipative couplings present, the momentum dissipation renormalizes the critical coupling strength for the phase transition induced by the position dissipative interaction. Specifically, we find that larger values of the coupling strength are necessary in order to yield the particle localization. This result is consistent with the interpretation that the momentum dissipation increases the position quantum fluctuations and, hence, competes with the mechanism of classical localization of the particle caused by the position dissipation. The effects we discuss have their origin in the Heisenberg uncertainty relation between the momentum and the position. Our system is therefore fundamentally different from the spin-boson model.

The paper is organized as follows. In Sec. II, we introduce the parabolic double well model together with the Ohmic dissipative couplings to the position and momentum. We discuss its treatment in the semiclassical approximation within the instanton technique, which we generalize to the case of momentum dissipation. In Sec. III, we present our results for the different dissipative cases together with the basic steps of the analytic calculations. For more details we refer to Appendices. We draw our conclusions in Sec. IV.

II. MODEL AND APPROXIMATIONS

In this section, we introduce the parabolic double well, the dissipative interactions, the semiclassical instanton method and discuss the mapping of the dissipative tunneling problem to a one-dimensional gas of interacting charges.

A. The action of the parabolic double well in presence of conventional and unconventional dissipation

We consider the symmetric parabolic double well potential

\[ V(x) = \frac{m\omega_0^2}{2} \left[ \theta(-x)(x + a_0)^2 + \theta(x)(x - a_0)^2 \right]. \]

(1)

with \( m \) the mass of the particle, \( \pm a_0 \) the positions of the minima and \( \omega_0 \) the characteristic frequency of each parabola [see Fig. 1(a)]. By construction the barrier height between the wells is \( V_0 = \frac{1}{2} m \omega_0^2 a_0^2 \).

We introduce the dissipation via the Caldeira-Legget harmonic oscillator baths. The starting Hamiltonian reads

\[ \mathcal{H} = \mathcal{H}_{\text{sys}} + \mathcal{H}_{B,\hat{x}} + \mathcal{H}_{B,\hat{p}}, \]

(2)

where the part for the bare system is \( \mathcal{H}_{\text{sys}} = \hat{p}^2/2m + V(\hat{x}) \) with \( \hat{x} \) and \( \hat{p} \) the position and the momentum operator of the particle, respectively. The second part

\[ \mathcal{H}_{B,\hat{x}} = \frac{1}{2} \sum_i \left[ \frac{\hat{p}_i^2}{M_i} + M_i \omega_i^2 \left( \hat{X}_i - \frac{\lambda_i}{M_i \omega_i^2} \hat{\xi} \right)^2 \right] \]

(3)

is the bath coupled to the position with \( \hat{X}_i \) the position and \( \hat{p}_i \) the momentum operator of the respective harmonic oscillator \( j \), while

\[ \mathcal{H}_{B,\hat{p}} = \frac{1}{2} \sum_j \left[ \left( \frac{\hat{p}_j - \mu_j \hat{\xi}}{M_j} \right)^2 + M_j \omega_j^2 \hat{X}_j^2 \right] \]

(4)

is the second bath coupled to the momentum, again with \( \hat{X}_j \) and \( \hat{p}_j \) being the position and the momentum operator of the respective harmonic oscillator \( j \).

We use the imaginary time path integral formalism to calculate the density matrix elements of the system \cite{2}. We integrate out the momentum \( \hat{p} \), the bath coordinates \( \hat{p}_i, \hat{X}_i \) and \( \hat{p}_j, \hat{X}_j \) leading to an effective Euclidean action of the system

\[ S[x] = \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} d\tau \left( \frac{m}{2} \dot{x}^2(\tau) + V[x(\tau)] \right) + S_{\text{dis}}[x], \]

(5)

with imaginary time \( \tau \), \( \beta = \hbar/k_B T \) is related to the inverse temperature and \( S_{\text{dis}} \) containing the dissipative effects. In the calculation of the dissipative part of the action, we chose Ohmic spectral densities for the environments \cite{29}. This yields

\[ S_{\text{dis}} = \frac{1}{2} \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} d\tau d\tau' x(\tau) x(\tau') F(\tau - \tau'), \]

(6)

where \( F(\tau) = \sum_{\omega_0} \frac{\gamma |\omega_0| e^{\omega_0 \tau}}{\beta} \) is the Ohmic kernel for the conventional position dissipation and \( \bar{F}(\tau) = \frac{m}{\beta} \sum_{\omega_0} \frac{\omega_0 \omega_0 e^{i\omega_0 \tau}}{1 + \tau \tau_0 |\omega_0| f_\omega(\frac{\omega_0}{2})} e^{\omega_0 \tau} \) the one for the unconventional momentum dissipation. The position fluctuations diverge in presence of momentum dissipation. This divergence is cured by the Drude cutoff function \( f_\omega(|\omega|/\omega_0) = (1 + |\omega|/\omega_0)^{-1} \), where \( \omega_0 \) is the high frequency cutoff \cite{2}. \( \gamma \) and \( \tau_p \) are the
coupling parameters to the respective baths and ω₀ = 2πl/β are Matsubara frequencies. Note that although Eqs. (3) and (4) are symmetric for the coupling in position and momentum in the Hamiltonian representation, while Eq. (6) is not symmetric anymore, as we use the path integral in position representation. Finally, the unnormalized density matrix elements of the effective system given by the particle in the double well affected by dissipation reads

$$\rho_{x_1, x_2} = \int_{x(-\frac{\beta}{2}) = x_1}^{x(+\frac{\beta}{2}) = x_2} D[x(\tau)] \ e^{-\frac{i}{\hbar}S[x]}, \ (7)$$

where the integral extends over all possible paths starting in \( x_1 \) and ending at \( x_2 \).

B. Semiclassical approximation

We restrict our discussion to the so-called semiclassical limit in imaginary time, where \( V_0 \gg \hbar \omega_0 \). Here the classical path in the path integral Eq. (7) yields the largest contribution to the density matrix element. Using such a path, we expand \( x(\tau) \approx x_0(\tau) + \delta x(\tau) \), where \( x_0(\tau) \) is the path that minimizes the action in Eq. (5) with the boundary conditions \( x_0(-\beta/2) = x_1 \) and \( x_0(\beta/2) = x_2 \). The part \( \delta x(\tau) \) represents the fluctuations around this path satisfying \( \delta x(\pm \beta/2) = 0 \).

The minimizing path is also known as “classical path” since it can be mathematically obtained as the solution of a Newton equation (nonlocal in time) of the particle moving in the inverted potential \(-V(x)\) and in the presence of dissipation. However, it does not represent all the classical physical path of the particle moving in the double well potential. The latter path can not exist classically since the particle has to be confined in one of the two wells in the ground state.

Within this expansion, we find for the action Eq. (5) \( S[x] \approx S[x_0(\tau)] + S_\delta[\delta x] \), where the first part is the action Eq. (5) on the given path \( x_0(\tau) \) and the second

$$S_\delta[\delta x] = \oint_{\frac{\beta}{2}}^{\frac{-\beta}{2}} d\tau \left[ \frac{m}{2} \delta x^2(\tau) + \frac{1}{2} \frac{d^2V[x(\tau)]}{dx^2} \bigg|_{x_0(\tau)} \delta x^2(\tau) \right]$$

(8)

contains the fluctuations. In the following discussion, we are interested in the diagonal elements \( \rho_{x_0, x_0} \) of the density matrix of the particle. These are given by the sum of all paths starting at \( x_1 = -a_0 \) and ending at \( x_2 = -a_0 \). In the semiclassical limit, we consider all possible paths that minimize the action as well as the fluctuations around them. These extreme paths are given by the sum of \( n \) individual paths that cross the origin \( x = 0 \) once. Such a path with a single crossing is called instanton \( x^{(1)}(\tau) \) [see Fig. 1(b)]. For example, two instantons form a bounce path \( x^{(2)}(\tau) \) with spacing \( \xi \), as shown in Fig. 1(c).

The diagonal elements \( \rho_{-a_0, -a_0} \) and \( \rho_{-a_0, -a_0} \) include only paths formed by an even number of instantons

$$\rho_{-a_0, -a_0} = \sum_{n_{\text{even}}} \rho_{-a_0, -a_0}^{(n)}, \ (9)$$

where each addend can be written in the form

$$\rho_{-a_0, -a_0}^{(n)} = \mathcal{F}^{(n)} e^{-\frac{i}{\hbar}S_{x_0}^{(n)}}, \ (10)$$

where

$$\mathcal{F}^{(n)} = \int_{x(-\frac{\beta}{2}) = -a_0}^{x(+\frac{\beta}{2}) = -a_0} D[\delta x(\tau)] \ e^{-\frac{i}{\hbar}S_{x_0}^{(n)}} \ (11)$$

accounts for the quantum fluctuations around the classical path.

C. The instanton technique

The path of the first contribution \( n = 1 \) is the single instanton path shown in Fig. 1(b). The action on this classical path diverges in presence of conventional dissipation. Therefore, we cannot calculate the action for one instanton. To make the action convergent we introduce a second instanton at a distance \( \xi \), as shown in Fig. 1(c). With this bounce path contribution, we calculate \( \rho_{-a_0, -a_0}^{(2)} = \mathcal{Z}_L^{(2k)} \) of the diagonal density matrix element. More generally, we can calculate the contribution formed by a given number of instanton pairs with opposite direction (bounces). In this way, we can write

$$\rho_{-a_0, -a_0} = \mathcal{Z}_L = \sum_{k=0}^{\infty} \mathcal{Z}_L^{(k)}, \ (12)$$

where \( n = 2k \) single instantons and \( \mathcal{Z}_L^{(k)} = \rho_{-a_0, -a_0}^{(2k)} \).

1. The action on the instanton bounce path

In order to calculate the action on the classical path, we make the ansatz for the classical bounce \( n = 2 \) starting at \( x_1 = -a_0 \) and ending at \( x_2 = -a_0 \)

$$x_0^{(2)}(\tau) = x_0 + \sum_{l=1}^{\infty} \frac{v_l}{\omega_l} \left[ \sin \left( \frac{\omega_l(\tau + \frac{\xi}{2})}{2} \right) \right]$$

$$- \sin \left( \frac{\omega_l(\tau - \frac{\xi}{2})}{2} \right), \ (13)$$

where \( x_0 = -a_0 + v_0 \xi \) and \( v_0 = 2\omega_0/\beta \). This ansatz gives \( x(\tau = 0) \rightarrow a_0 \) for \( \xi \rightarrow \infty \) and has been obtained by combining an instanton \( x_0^{(1)}(\tau) \) going from \(-a_0\) to \( a_0 \) with an instanton \(-x_0^{(1)}(\tau)\) for the opposite event centered at different times. Inserting the ansatz into Eq. (5) and minimizing the action with respect to \( v_l \), we find

$$v_l^{(cl)} = \frac{4\omega_0^2 a_0}{\beta(\omega_0^2 + \frac{\omega_l^2}{\omega_0^2} + \gamma \omega_l)} \ (14)$$

We insert this expression for \( v_l^{(cl)} \) into the action and obtain

$$S[x_0^{(2)}] = -\frac{16\omega_0}{\beta} \sum_{l=1}^{\infty} \frac{\omega_l^2}{\omega_0^2} \left( 1 - \cos \left( \frac{\omega_l \xi}{2} \right) \right)$$

$$- 4V_0 \xi \left( \frac{\xi}{\beta} - 1 \right). \ (15)$$

Note that the action on the classical path is convergent and the effect of the high-frequency cutoff function \( f_c(\omega_0/\omega_l) \) is irrelevant here.

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In the limit of vanishing temperature, the sum over Matsubara frequencies translates into an integral $\frac{1}{\beta} \sum_{n=1}^{\infty} \rightarrow \frac{1}{\pi} \int_{0}^{\infty} d\omega$.

After a few steps of calculation, we get

$$\frac{S_{cl,2}}{\hbar} = \frac{e_{0}}{\hbar \omega_{0}} + \mathcal{I}(\gamma', \tau_p, \xi),$$

(16)

where $S_{cl,2} = S[x_{cl}^{(2)}]$. The first part does not depend on the distance $\xi$ and reads

$$\frac{e_{0}}{\hbar \omega_{0}} = \frac{8}{\pi} \int_{0}^{\infty} \frac{V_{0}}{\omega_{0}} \left[ \frac{\nu}{\omega_{0}} \left( C - \ln(\sigma) \right) - s \ln \left( \frac{\Lambda_{1}}{\Lambda_{2}} \right) \right],$$

(17)

with the Euler constant $C$ and $\sigma = 1 + \gamma \tau_p$. We also defined

$$s = \frac{\left( \frac{\omega_{0}}{\sigma} \Gamma_{-} - 1 \right)}{2 \sqrt{\Gamma_{-}^{2} - 1}},$$

(18)

and

$$\Lambda_{1,2} = \frac{\omega_{0}}{\sigma} (\Gamma_{+} \pm \sqrt{\Gamma_{+}^{2} - 1}),$$

(19)

with $\Gamma_{\pm} = (\gamma \pm \tau_p \omega_{0}^{2})/2 \omega_{0}$. The second part of Eq. (16) containing $\mathcal{I}(\gamma', \tau_p, \xi)$ depends on the distance between the two instantons $\xi$. We discuss the most general case of this part in Appendix E. For a long bounce with $\xi \omega_{0} \gg 1$, we find

$$\mathcal{I}(\gamma', \xi) \approx \frac{\eta}{\omega_{0}} \ln(\omega_{0} \xi) + O(1/\xi \omega_{0}^{2}),$$

(20)

where

$$\eta = \frac{8}{\pi} \int_{0}^{\infty} \frac{V_{0}}{\omega_{0} \gamma}.$$

(21)

The action on the classical path is generally of the same form as in the pure conventional dissipative case, but has a renormalized quantity $e_{0}$ due to momentum dissipation. We show examples of $S_{cl,2}$ in Fig. 7 in Appendix E.

2. The prefactor for one instanton bounce

For the calculation of the prefactor, we follow the procedure given in Ref. [15]. Thus we generalize the treatment of Weiss et al. to the case of two dissipative baths. For the integration of the cyclic path integral in Eq. (11), we diagonalize the action $S_{d}$ in Eq. (8) containing the second derivative of the time dependent potential in Eq. (1)

$$\frac{d^{2}V[x(\tau)]}{dx^{2}} \bigg|_{x_{cl}^{(2)}} = V(\tau) = \frac{m \omega_{0}^{2}}{2} (2 - 4 \delta(x_{cl}^{(2)}(\tau)) \partial_{0} \xi_{0}).$$

(22)

We do this via the ansatz $\delta x(\tau) \approx \sum_{q=0}^{\infty} c_{q} y_{q}(\tau)$, where $y_{q}(\tau)$ are the eigenfunctions of the secular equation

$$\lambda_{q}^{(2)} y_{q}(\tau) = \left( -m \frac{d^{2}}{d\tau^{2}} + V(\tau) \right) y_{q}(\tau)
+ \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} d\tau' F(\tau - \tau') y_{q}(\tau')
- \int_{-\frac{\tau}{2}}^{\frac{\tau}{2}} d\tau' F(\tau - \tau') \frac{d^{2}}{d\tau'^{2}} y_{q}(\tau'),$$

(23)

yielding

$$S_{cl,2} = \frac{1}{2} \sum_{q=0}^{\infty} c_{q}^{2} \lambda_{q}^{(2)}.$$

(24)

The first line in the differential Eq. (23) is equivalent to a time dependent Schrödinger equation describing a particle in a delta potential. For the treatment of the full model with the dissipative parts, we refer to Appendix C. For the ansatz for $\delta x(\tau)$, we also have to perform the substitution $\delta x(\tau) \rightarrow \epsilon_{p}$ in the path integral yielding

$$\int_{\delta x(-\frac{\tau}{2}) = 0}^{\delta x(\frac{\tau}{2}) = 0} D[\delta x(\tau)] \rightarrow \prod_{q=0}^{\infty} \int_{-\infty}^{\infty} \frac{dc_{q}}{\sqrt{2\pi \hbar}} N,$$

(25)

where $N$ is the Jacobian factor for the transformation. Due to translational invariance of the bounce position on the imaginary time axis $dx_{cl}^{(2)}/d\tau = y_{0}$ solves the right side of Eq. (23) with eigenvalue zero $\lambda_{0}^{(2)} = 0$. Assuming a bounce path in which the two instantons are very far from each other, we get a second translational invariance for $\xi$ yielding a second zero eigenvalue $\lambda_{0}^{(2)} = 0$ with eigenfunction $dx_{cl}^{(2)}/d\xi = y_{1}$. The presence of the position dissipation introduces a logarithmic term in the distance between the instantons. The action now weakly depends on $\xi$. In the limit of $\xi \rightarrow \infty$, we are back to the case of two independent instantons. However, for finite $\xi$, we treat the function $dx_{cl}^{(2)}/d\xi$ as an approximate eigenfunction, leading to $\lambda_{0}^{(2)} \approx 0$. For a more detailed analysis of this problem we refer to the Appendix B and Ref. [15]. The eigenvalues $\lambda_{0}^{(2)}$ and $\lambda_{1}^{(2)}$ lead to divergences in the density matrix due to their invariance in $\tau$ or the weak logarithmic dependence in $\xi$. To cure these divergences, we have to eliminate $\lambda_{0}^{(2)}$ and $\lambda_{1}^{(2)}$ from the eigenvalue spectrum and substitute the integral

$$\prod_{q=0}^{\infty} \int_{-\infty}^{\infty} \frac{dc_{q}}{\sqrt{2\pi \hbar}} \rightarrow \int_{-\beta/2}^{\beta/2} \frac{d\tau_{0}}{A_{\tau_{0}}} \int_{-\beta/2}^{\beta/2} \frac{d\xi}{A_{\xi}} \prod_{q=0}^{\infty} \int_{-\infty}^{\infty} \frac{dc_{q}}{\sqrt{2\pi \hbar}}.$$

(26)

where $1/A_{\tau_{0}} = |dc_{q}(\tau_{0})/d\tau_{0}|$ and $1/A_{\xi} = |dc_{q}(\xi)|$ originate from the second Jacobian transformation. We hence restored the translational invariance with the integrations over $\tau_{0}$ and $\xi$.

3. The partition function element for one bounce

With this substitution we can integrate out the remaining $c_{q}$ and finally find the integral equation for the density matrix element of one bounce path

$$z_{L}^{(2)} = \frac{\mathcal{N}}{2 \pi \hbar} \int_{-\frac{\beta}{2}}^{\frac{\beta}{2}} \frac{d\tau_{0}}{A_{\tau_{0}}} \int_{-\frac{\beta}{2}}^{\frac{\beta}{2}} \frac{d\xi}{A_{\xi}} \prod_{q=0}^{\infty} \mathcal{N}^{1/4} \lambda_{q}^{(2)} e^{-i x_{1,2}^{(2)}}.$$

(27)

We further rewrite Eq. (27) by introducing the determinant for the particle staying in the left well $\prod_{q=0}^{\infty} \lambda_{p}^{(0)}$, and define the partition function element for zero bounces $z_{L}^{(0)} = \mathcal{N} / \prod_{q=0}^{\infty} \lambda_{p}^{(0)}$, corresponding to the partition function of a particle in the harmonic potential $V = m \omega_{0}^{2} \chi^{2}/2$ affected by dissipation. We introduce the ratio of determinants $R_{B} = \prod_{q=0}^{\infty} \sqrt{\lambda_{q}^{(0)}/\lambda_{q}^{(2)}}$ and the Jacobian prefactor $L_{B} = \frac{1}{A_{\tau_{0}}} \frac{1}{A_{\xi}}$ of a
The quantities \( \xi_0 \) and \( \xi_0 \) of one instanton. Note that, although the action on the classical path starting and ending in the left well. It contains paths starting and ending at \( -a_0 \) meaning that also paths that do not cross the barrier (or are mostly under the barrier in the right region) are included (\( \xi_0 \approx 1 \), see Fig. 2). Because we are interested in the delocalization of the particle we define a modified partition function element \( \xi_0 \) that only contains “extended bounces” reaching deep into the other well (\( \xi_0 \approx 1 \)). These bounces only depend logarithmically on their spacing to order \( O(1/(\xi_0 \xi)) \) (see Appendix E). Therefore we only use the logarithmic \( \xi_0 \) dependent part defined in Eq. (20) and introduce a hard core \( \xi_0 \) for each instanton to cut off the small bounces that do not contribute to the delocalization. In Appendix E, we show that in this limit the prefactors do not depend on the distance and write

\[
R_B = R_2^2 \quad \text{and} \quad \mathcal{L}_B = \mathcal{L}_2^2,
\]

where \( R_T \) and \( \mathcal{L}_T \) are the respective prefactors calculated for one instanton. Note that, although the action on the classical path diverges for one instanton in presence of position dissipation, we still can calculate the fluctuation prefactors (\( \mathcal{L}_T, R_T \)).

Inserting Eq. (20), we finally obtain

\[
z^{(2)}_B \approx z^{(0)}_B A^2 \int_{-\xi_0}^{\xi_0} \frac{d\tau_0}{\beta} \int_{-\xi}^{\xi} d\xi \; \mathcal{L}_B R_B e^{-\xi_0 \ln(\xi_0 \xi)},
\]

where

\[
A_T = \frac{R_T \mathcal{L}_T e^{-\xi_0}}{\sqrt{2\pi h}} \equiv e^{\frac{\xi_0}{2}}
\]

is the activity for one instanton with the quantity

\[
\mu = \left[ \hbar \omega_0 \ln \left( \frac{L_T R_T}{\sqrt{2\pi h}} \right) - \frac{\epsilon_0}{2} \right]
\]

Now the partition function element in Eq. (32) is of the form of two logarithmically interacting charges on a one dimensional line with chemical potential \( \mu \). The chemical potential describes the amount of energy an instanton/charge needs to be created. Because \( \mu < 0 \), i.e. it is the needed energy to create an instanton) the activity is small in the semiclassical limit and an instanton (or a bounce) is a rare event. The approximation we made above can be brought in the following physical context: we do not consider the annihilation of charges that are very close to each other.

The charges consider have a hard core of size \( \bar{r} \). To produce one bounce/dipole out of the vacuum we have to overcome the chemical potential \( 2\mu \). The nontrivial lowest energy contribution in the partition function is a bounce path with spacing \( \bar{r} \). We further plot the change in the action on the classical path in Appendix E. We point out that, although Eq. (28) is of the same form as in [15], \( S_{cl,2}, \mathcal{L}_T \) and \( R_T \) are renormalized due to the dissipative term in momentum in Eq. (6) as we see in Sec. III.

4. The partition function element for two bounces

To obtain \( Z_L \) we sum all even \( n \) instanton addends \( z_{2n}^{(2)} \). The path \( x_{cl}^{(2)} \) is then the next contribution via \( z_{2}^{(2)} \). The ansatz for the two bounces reads

\[
x_{cl}^{(4)}(\tau) = -a_0 + x_{cl}^{(1)}(\tau + \frac{\xi_1}{2}) - x_{cl}^{(1)}(\tau - \frac{\xi_1}{2})
\]

\[
+ x_{cl}^{(1)}(\tau - d + \frac{\xi_3}{2}) - x_{cl}^{(1)}(\tau - d - \frac{\xi_3}{2}),
\]

where \( \xi_1 \) is the distance between the first two instantons and \( \xi_3 \) is the spacing of the second bounce. Further, \( d = \xi_2 + \xi_3 + \xi_1 \) is the distance between the center of both bounces (see Fig. 3). We insert this path into the action and find that it separates into

\[
S_{cl,4} = S_{cl,2}[\xi_1] + S_{cl,2}[\xi_3] + S_{cl,2}[\xi_3] + S_{cl,2}[\xi_4]
\]

\[
- S_{cl,2}[\xi_1] - S_{cl,2}[\xi_3],
\]

where \( \xi_i \) denote all distances for the attractive interactions and \( \xi_i \) the ones for all repulsive interactions, respectively. Using Eq. (16), we find

\[
S_{cl,4} = 2 \frac{\epsilon_0}{\hbar \omega_0} + \frac{4}{\sum_{i=1}^{4} \mathcal{I}[\xi_i] - \sum_{j=1}^{2} \mathcal{I}[\xi_j]}
\]

Until now we used the relative distances between the bounces. We can rewrite the interaction parts by using the imaginary

\[
\text{FIG. 2. Path for one bounce. (a) Extended bounce for different dissipative couplings. The nondissipative bounce reaches \( a_0 \) exponentially in \( \xi_0 \), while the unconventional bounce reaches \( a_0 \) with 1/(\( \xi_0 \)). The conventional bounce does only reach \( a_0 \) with 1/(\( \xi_0 \)). [b] and (c) Annihilation of two instantons by reducing the spacing for different dissipative cases (\( \tau \) is scaled with 1/(\( \xi_0 \)).}
\]

10.0

-4 -2 0 2 4 6 8 10

-1.0 -0.5 0.0 0.5 1.0

\( \xi_0 = 1 \)

-3 -2 -1 0 1 2 3 4 5 6

-1.0 -0.5 0.0 0.5 1.0

\( \xi_0 = 15 \)

-10 -5 0 5 10

10.0

\( \xi_0 = 15 \)

-10 -5 0 5 10

10.0

\( \xi_0 = 1 \)
arguments as before, we can write the integral equation for the diagonal density matrix element for \( k \) extended bounces as

\[
\tilde{Z}^{(2k)} \approx \tilde{Z}^{(0)} A^A_2 \int_{-\frac{\tau_{2k-1}}{2}}^{\frac{\tau_{2k-1}}{2}} d\tau_{2k-1} \int_{-\frac{\tau_{2k-2}}{2}}^{\frac{\tau_{2k-2}}{2}} d\tau_{2k-2} \int_{-\frac{\tau_{2k-3}}{2}}^{\frac{\tau_{2k-3}}{2}} d\tau_{2k-3} \ldots \\
\times \int_{-\frac{\tau_1}{2}}^{\frac{\tau_1}{2}} d\tau_1 \ e^{\frac{\eta}{\omega_0} \sum_{i<j} (-1)^{j-i} \ln(\omega_0 |\tau_i - \tau_j|)} ,
\]

where we distributed all \( n = 2k \) instantons. The full element for extended bounces \( \tilde{Z} = \sum_{k=0}^{\infty} \tilde{Z}^{(2k)} \) is now of the form of the partition function of a logarithmically interacting gas of particles with alternating charges and activity \( A^A_2 \).

Because \( A^A_2 \) is small in the semiclassical limit, the appearance of bounces are rare and the system forms a dilute gas of bounces. Note that momentum dissipation renormalizes the activity \( A^A_2 \), but does not change the general nature of the problem and the mapping to the one dimensional interacting gas is still possible. Anderson et al. studied such a one dimensional charge line in the context of the Kondo problem using renormalization group arguments [34]. They predicted a phase transition for a critical parameter \( \eta_c \). We use the resulting flow diagram in the next section for the study of the effects of the momentum dissipation on the phase transition.

III. RESULTS

In this section, we present our results for the unconventional dissipation, recall briefly former results for the conventional dissipation and finally discuss the frustrated case in presence of both dissipative couplings. Although we only consider extended bounces in the partition function, we start the discussion of the different dissipative cases by analyzing the modifications of the classical bounce path in presence of the respective dissipation.

A. Unconventional dissipation

We start by considering the dissipative momentum coupling only (\( \gamma = 0 \)). After shortly discussing the implications of this coupling on the bounce path trajectory, we calculate the action on the classical path and then determine the prefactor which includes the fluctuations around this path. We subsequently use this results to determine the renormalized tunneling splitting formula and discuss its implications.

I. The classical bounce path

We calculate the classical bounce path for unconventional dissipation by inserting \( \psi^{(cl)}_j \) of Eq. (14) into the ansatz (13) with \( \gamma = 0 \). Taking the zero temperature limit we find the integral

\[
\chi_{cl}^{(2)} = -a_0 + 2\frac{\omega_0^2 a_0}{\pi} \int_0^\infty d\omega \left[ \sin \left( \omega \left( \tau + \frac{\xi}{2} \right) \right) - \sin \left( \omega \left( \tau - \frac{\xi}{2} \right) \right) \right] .
\]

The numerical solution for \( \tau > 0 \) and \( \tau < 0 \) is shown in Fig. 2. The red dotted curve corresponds to the unconventional case. We see that the trajectory is steeper than in the non-dissipative case (solid black line) meaning that the unconventional
bounce can have smaller spacings before it annihilates. The bounce reaches \(a_0\) asymptotically with \(1/(\xi \omega_0)^2\).

2. The action on the classical path

For the unconventional dissipation the action on the classical path for a single extended bounce path in Eq. (16) reduces to

\[
\frac{S_{cl,2}^{(\gamma=0)}}{\hbar} = \frac{V_0}{\hbar \omega_0} \frac{4 \ln \left( \frac{\Delta_1}{\Lambda_1} \right)}{\pi} = \frac{\epsilon_0^{(\gamma=0)}}{\hbar \omega_0},
\]

where we again assumed \(\xi \omega_0 \gg 1\). Here, the instantons do not have any long distance interaction and neglecting small bounces is equivalent to the dilute gas approximation used in the literature for the case without dissipation. It is easy to show that \(S_{cl,1}^{(\gamma=0)} = \frac{1}{2} S_{cl,2}^{(\gamma=0)}\). Figure 4(a) shows the change of the action due to the dissipative coupling \(\gamma_{0}\). The dissipation leads to a reduction of the chemical potential, which is reflected in an increased tunnel splitting as we will illustrate below.

3. The prefactor of one bounce

We determine the prefactor of a single bounce by calculating the ratio of the determinants \(R_T^{(\gamma=0)}\) and the Jacobian prefactor \(L_T^{(\gamma=0)}\). The detailed procedure of the calculation can be found in Appendices C and D. We find an ultraviolet divergence in \(R_T^{(\gamma=0)}\) for the unconventional Ohmic dissipation, which originates from diverging position quantum fluctuations in presence of this coupling [23]. This divergence is cured by a high-frequency cutoff function \(f_\gamma = (1 + \omega / \omega_c)^{-1}\), where \(\omega_c\) is the cutoff [2]. In Fig. 4(b), we illustrate the change of the behavior due to the presence of unconventional dissipation. \(R_T^{(\gamma=0)}(\tau_p)\) increases monotonically with increasing \(\tau_p\) (for the nondissipative case, we find \(R_T^{(\gamma=0, \tau_p=0)} = \sqrt{2}\)). We also show the weak cutoff dependence of this result by presenting data for different values of \(\omega_c\) and proceed from now on with \(\omega_c / \omega_0 = 1000\). The remaining factor \(L_T^{(\gamma=0)}\) contains all Jacobian factors \(1/A_1\). Figure 4(c) shows that \(L_T^{(\gamma=0)}\) increases monotonically with \(\tau_p\).

4. The tunnel splitting with unconventional dissipation

Inserting Eq. (43) and the quantities \(R_T\) and \(L_T\) into Eq. (41), the integrand turns out to be independent of \(\tau_p\). Hence, we can perform all integrations yielding the distribution factor

\[
\int_{-\tau_p}^{\tau_p} d\tau_{2k-1} \int_{-\tau_p}^{\tau_p} d\tau_{2k-2} \cdots \int_{-\tau_p}^{\tau_p} d\tau_0 = \frac{\beta^{2k}}{2^k k!},
\]

where we used the approximation \((\beta - 2 k \bar{\tau})^{2k} \approx \beta^{2k}\) which is valid for small temperatures \((\beta \to \infty)\). With this we get

\[
\tilde{Z} = z_L^{(0)} \sum_{k=0}^{\infty} (A_T^{(\gamma=0)})^{2k} \frac{\beta^{2k}}{2^k k!}.
\]

The quantity \(z_L^{(0)}\) is the semiclassical fluctuation prefactor of a harmonic oscillator with unconventional dissipation. We can rewrite it in general as

\[
z_L^{(0)} = \frac{1}{2 \sqrt{2\pi}} \sqrt{\frac{1}{(\chi^2)}} e^{-\frac{\xi^2}{2}},
\]

where \(\hbar \omega_0(\tau_p)/2\) corresponds to the lowest energy level in each parabola and \((\chi^2)\) are the quantum position fluctuations in presence of unconventional dissipation. We then perform the summation in Eq. (45) and finally obtain

\[
\tilde{Z} = \frac{1}{2 \sqrt{\pi}} \sqrt{\frac{1}{(\chi^2)}} e^{-\frac{\xi^2}{2}} e^{-\frac{\xi^2}{\sqrt{2} \bar{\tau} \hbar}} e^{-\rho \frac{\Lambda_1}{\sqrt{2} \hbar}} \rho \frac{\Lambda_1}{\sqrt{2} \hbar},
\]

with

\[
\frac{\Delta(\tau_p)}{2} = A_T^{(\gamma=0)} R_T(\tau_p) L_T(\tau_p) e^{-\rho \frac{\Lambda_1}{\sqrt{2} \hbar}}.
\]

By comparing this expression to the spectral representation of \(Z_T\) (reported in Appendix A), we find that \(\Delta(\tau_p)\) is the tunnel splitting of the coherent superposition of the ground states in the left and the right well. Figure 4(d) shows the behavior of this splitting as a function of \(\tau_p\). In the limit \(\tau_p = 0\), we find the well-known nondissipative result for the splitting in a symmetric parabolic double well \(\Delta_0 = \sqrt{2 \hbar \omega_0 V_0 / \pi} \exp(-2 V_0 / (\hbar \omega_0))\), whereas the generic tunneling dependence \(\Delta(\tau_p)\) exhibits an increasing behavior with the dissipation.

B. Conventional dissipation

The effect of conventional dissipation \((\gamma \neq 0, \tau_p = 0)\) on quantum systems is by far more explored then the effect of the above discussed unconventional coupling. Although Caldeira and Leggett mention the possibility of momentum couplings in their early works, the quantum systems investigated theoretically are mainly coupled in the conventional sense. Chakravarty et al. and Bray et al. studied the quartic
double well in presence of position dissipation analytically [13,14]. They mapped the problem into a gas of interacting particles and used Anderson renormalization procedure to predict a transition from tunneling to localization by increasing the dissipative coupling strength. Matsuo et al. determined the localization transition in a quartic double well via a numerical path integral Monte Carlo treatment [16,17]. The full treatment of calculating the action on the classical path and the prefactor for a bounce path in a parabolic double well is studied in Ref. [15]. We recover the same result for \(\gamma = 0\) and the prefactor for a bounce path in a parabolic double well numerically. The localization transition in a quartic double well via a way as in the unconventional case, with \(v_j^{(cl)}(\tau_p = 0)\).

**1. The classical bounce path for conventional dissipation**

We can calculate the classical bounce path in the same way as in the unconventional case, with \(v_j^{(cl)}(\tau_p = 0)\). The result is shown as blue dashed line in Fig. 2. We see that the path affected by conventional dissipation only asymptotically reaches \(z_0\) with \(1/\xi\omega_0\). The bounce path for \(\xi\omega_0 = 15\) is nevertheless an extended bounce because the interaction between the instantons is logarithmic to order \(O(1/(\xi\omega_0)^2)\) [see Fig. 7(a) in Appendix]. By bringing the two instantons closer, we see that they start to annihilate already for larger spacings \(\xi\) than the nondissipative case [see Figs. 2(b) and 2(c)].

**2. Partition function element and phase transition**

Here we deal with the full interacting gas \(\tilde{Z} = \sum_{k=0}^{\infty} \tilde{\gamma}_{2k}\), with \(\tilde{\gamma}_{2k}\) defined in Eq. (41). We calculate the ratio of determinants \(\tilde{R}_{\tilde{\gamma}_{2k}}(\tau_p = 0)\) and the Jacobian prefactor \(\tilde{L}_{\tilde{\gamma}_{2k}}(\tau_p = 0)\) in the same way as in the unconventional case. In Figs. 5(b) and 5(c),

\[
\frac{\tilde{R}_{\tilde{\gamma}_{2k}}(\tau_p = 0)}{\tilde{L}_{\til{\gamma}_{2k}}(\tau_p = 0)} = \frac{\tau_p}{\omega_0} \frac{\tau_p}{\omega_0} + \frac{2}{\omega_0} \frac{2}{\omega_0} - \frac{6}{\omega_0} \frac{6}{\omega_0} + \frac{10}{\omega_0} \frac{10}{\omega_0}
\]

we show the results for these quantities together with

\[
\eta_c/2\omega_0 = \frac{\eta_c}{\omega_0} C + \frac{V_0}{\hbar\omega_0 \pi} \frac{1}{\sqrt{\frac{\tau_p}{\omega_0}}} - 1 \left( \frac{A_1}{A_2} \right) \quad (49)
\]

in parameter space (shaded region) scale to zero activity, meaning infinite chemical potential \(\mu = -\infty\). In this region no bounce appears and the particle is localized in the left well. The critical line depends on the small distance cutoff \(\tau\). For simplicity we choose \(\tau \approx 1/\omega_0\) from now on. So the closest configurations we account for are purely logarithmically interacting instantons with spacings \(|\tau_p| - |\tau_{p,0}| \approx 1\). In absence of the latter, all other nontrivial configurations do not appear. In the limit \(V_0/\hbar\omega_0 \rightarrow \infty\), we infer from Fig. 5(d) that \(\eta_c/\omega_0 = 2\), which implies that due to Eq. (21) an infinitesimal small dissipative coupling \(\gamma\) already leads to localization in this limit.

In Fig. 6(b), we show the phase diagram for the interaction \(\eta_c\) as a function of \(V_0\) (black lines). The phase diagram for the interaction can be compared to one of Matsuo et al. [16] in the regime \(V_0/\hbar\omega_0 \gg 1\). The change of the critical value \(\eta_c\) by decreasing \(V_0\) is purely due to the increasing activity (note that the \(V_0\) dependence of \(\eta_c\) does not enter here). The phase diagram for the dissipative coupling \(\gamma\), as a function of \(V_0\) is reported in Fig. 6(a). The black solid line corresponds to the conventional dissipative case. The particle is delocalized below this line, above the particle is trapped in the left well.

2We use \(V_0/\hbar\omega_0 = 4\) in Fig. 5(d) to illustrate the change of the activity due to the unconventional coupling. The \(V_0\) dependence of the result is plotted in Figs. 6(a) and 6(b).
C. Conventional and unconventional dissipation

1. The classical bounce path with both dissipative couplings

The classical bounce path for this case is also shown in Fig. 2. For an extended bounce, it almost coincides with the one of purely conventional dissipation, while for small bounces the effect of unconventional dissipation becomes important. Here the path leaks further into the right well (and annihilates later) as in the conventional case for \( \varepsilon_{00} \approx 3 \). For \( \varepsilon_{00} \approx 1 \), the bounce is even more extended than the nondissipative one.

2. Change in the phase transition due to the unconventional dissipation

We finally discuss how the enhancement of the splitting due to unconventional dissipation affects the phase transition determined by the conventional dissipation. From Eq. (16), we see that the unconventional part does not affect the long-range interaction between the instantons for extended bounces. However, the activity \( A_I(\gamma, \tau) \) is affected by it, as illustrated in Figs. 5(a)–5(d). In particular, the decrease of \( \varepsilon_0 \) is more pronounced in presence of unconventional dissipation. For a sufficiently large momentum dissipation, \( L_I \) exhibits a nonmonotonic behavior as a function of the dissipative couplings [see Fig. 5(c)], while \( R_I \) increases more for large values of \( \tau_p \), see Fig. 5(b). The phase transition is determined by the condition \( 2 - \frac{\eta}{\omega_0} = -4A_I \tau_p \), as shown in Fig. 5(d). The critical point in parameter space is highlighted by the stars. We find that the activity increases with \( \tau_p \), leading to a higher value for the critical interaction \( \eta_c \). The change in the phase transition point strongly varies with \( \omega_0 \); for a very high potential \( V_0 \rightarrow \infty \), the activity is suppressed by the large value of \( \varepsilon_0 \) and \( A_I \rightarrow 0 \). This means that the effect of unconventional dissipation is very small and the critical value for the interaction of the bounces \( \eta_c/\omega_0 = 2 \) independently of \( \tau_p \). However, by decreasing \( \omega_0 \), the influence of the unconventional dissipation becomes stronger and the change in \( \eta_c \) and therefore in \( \gamma_c \) is more important. In Fig. 6(b), we show the phase diagram for \( \eta_c \). We find that the unconventional dissipation shifts the critical coupling to higher values. In Fig. 6(a), we report the critical values for the dissipative coupling \( \gamma_c \) for different dissipative cases. Reducing \( V_0 \), the unconventional dissipation becomes more and more important, and increasing the ratio between both dissipative couplings leads to larger critical values and consequently to a more extended delocalized phase. By decreasing the ratio \( V_0/\hbar \omega_0 \), we approach the regime in which the semiclassical approximation does not hold a priori. The behavior of the critical line in Fig. 6 suggests however, that in this regime the unconventional dissipation may have a stronger impact on the quantum phase transition as compared to the weak renormalization observed in the present study.

IV. CONCLUSIONS

We studied a dissipative quantum system formed by a particle moving in a double well and coupled to two different baths via noncommuting operators (\( \hat{p} \) and \( \hat{x} \)). We use the Euclidean path integral method to analyze the problem in the semiclassical limit at zero temperature. First we investigate the effect of a single dissipative momentum coupling on a particle in a double well potential. We find that this coupling enhances the tunnel splitting favoring the quantum behavior of the system. In contrast, position dissipation leads to a localization phase transition by increasing the dissipative coupling. Hence, the two dissipative couplings can exhibit competing effects.

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APPENDIX A: OFF-DIAGONAL DENSITY MATRIX ELEMENTS

We start by considering two independent parabolas with ground states \( |L_0\rangle \) and \( |R_0\rangle \). Forming the double well potential Fig. 1(a) with this two parabolas, a particle that is localized in one of the wells starts to tunnel through the barrier \( V_0 \). Due to this tunneling, the particle interferes with itself leading to a superposition of the two states \( |L_0\rangle \) and \( |R_0\rangle \) and to the new ground states of the combined system

\[ |\psi_\pm\rangle \approx \frac{1}{\sqrt{2}}(|L_0\rangle \pm |R_0\rangle) \]  

with respective energies \( E_\pm = \hbar \omega_0 \pm \frac{\Delta}{2} \), where \( \Delta \) is the tunnel splitting. The density matrix element \( \rho_{-\alpha_0,-\alpha_0} \) in the spectral representation then reads

\[ \rho_{-\alpha_0,-\alpha_0} = (-\alpha_0|e^{-\frac{it}{\hbar}}| - \alpha_0) = \sum_n e^{-\frac{\Delta}{\hbar} n} (-\alpha_0|n\rangle \langle n| - \alpha_0) \]

\[ = e^{-\frac{\Delta}{\hbar} |\psi_+\rangle \langle \psi_+| - 2\alpha_0} - e^{-\frac{\Delta}{\hbar} |\psi_-\rangle \langle \psi_-| - 2\alpha_0}, \]

where we considered only the two lowest eigenvalues since we are in the semiclassical limit and at low temperature.
APPENDIX B: BOUNCE PATH CALCULATION

1. Variable transformation

We follow in the discussion of the prefactor $R_B$, Refs. [15,33], and start by considering the path $x^{(2)}(\tau, \xi)$, i.e., one bounce as shown in Fig. 1c. The position of the bounce is denoted by $\tau_0$ and the spacing between the instantons by $\xi$. For the solutions of the differential Eq. (23), there exists a zero eigenvalue $\lambda^{(2)}_0 = 0$ for the eigenfunction $y_0(\tau) = A_{\tau_0}x_0(\tau)$ because of translational invariance of the action on the classical path. As a consequence of translational invariance, we have

$$\lambda = 0$$

and hence

$$\lambda^{(2)}_0 \approx 0$$

due to the dissipation induced interaction between the instantons forming the bounce. Therefore the parameter $\xi$ is the relevant quantity in this case. These two eigenvalues lead to divergences in the partition function element. We get rid of the two eigenvalues $\lambda^{(2)}_0$ and $\lambda^{(2)}_1$ via changes of variables $c_0 \to \tau_0$ and $c_1 \to \xi$ with the ansatz

$$x^{(2)}(\tau, \xi) = x_0^{(2)}(\tau - \tau_0, \xi) + \sum_{q=2}^{\infty} c_q y_q(\tau - \tau_0, \xi). \quad (B1)$$

As a consequence of translational invariance, we have for the action on the classical path $S_{\xi_0}(x^{(2)}(\tau - \tau_0, \xi)) = S_{\xi_0}(x^{(2)}(\tau, \xi)) = S_{\xi_0}(\xi)$. The Jacobian $|d\tau_0/d\tau_0|$ of the variable transformations is obtained by the overlap of $x^{(2)}(\tau, \xi)$ with $y_0(\tau) = A_{\tau_0}x_0(\tau)$ yielding

$$c_0(\tau_0) = \int_{\frac{\tau}{2}}^{\frac{\tau}{2}} d\tau \left[ x_0^{(2)}(\tau - \tau_0, \xi)A_{\tau_0}x_0^{(2)}(\tau, \xi) \right] \quad (B2)$$

Because of translational invariance, we can expand

$$x_0^{(2)}(\tau - \tau_0, \xi) \approx x_0^{(2)}(\tau, \xi) + x_0^{(2)}(\tau, \xi)\tau_0 \quad (B3)$$

and analogously $y(\tau - \tau_0, \xi) \approx y(\tau, \xi) + y(\tau, \xi)\tau_0$. Inserting these expressions into (B2), we find ($x_0^{(2)} = x_0^{(2)}$)

$$c_0(\tau_0) = \int_{\frac{\tau}{2}}^{\frac{\tau}{2}} d\tau \left[ (x_0^{(2)}(\tau, \xi) + x_0^{(2)}(\tau, \xi)) A_{\tau_0}x_0^{(2)}(\tau, \xi) \right] \quad (B4)$$

and hence

$$\frac{|d\tau_0|}{|d\tau_0|} = \frac{1}{|A_0|} + A_0 \int_{\frac{\tau}{2}}^{\frac{\tau}{2}} d\tau \sum_{q=2}^{\infty} c_q y_q(\tau, \xi) + y(\tau, \xi)\tau_0 \quad (B5)$$

where we used that

$$A_{\tau_0} = \left( \int_{-\beta/2}^{\beta/2} d\tau x_0^{(2)}(\tau)^2 \right)^{-1} \quad (B6)$$

which follows from the normalization condition $\int_{-\beta/2}^{\beta/2} x_0^{(2)}(\tau) d\tau = 1$. The small negative eigenvalue $\lambda^{(2)}_1$ can be dealt with in a similar manner.

The classical path depends logarithmically on the spacing $\xi$ between instantons. So the system only weakly depends on changes of $\xi$, which makes

$$y_1(\tau, \xi) = A_{\xi} d\tau x_1(\tau, \xi) = A_{\xi} x_1(\tau, 0, \xi) \quad (B7)$$

an “approximate” eigenfunction of the differential Eq. (23). Treating the problem in the same way as the zero mode we deal with a spacing of the bounce $\xi_0 \gg 1$ and introduce the small change $d\xi$ to obtain

$$x_1(\tau, \xi - d\xi) \approx x_1(\tau, \xi) + x_1'(\tau, \xi)d\xi \quad (B8)$$

and $y(\tau, \xi - d\xi) \approx y(\tau, \xi) + y'(\tau, \xi)d\xi$. We hence find for the coefficient

$$d\tau_0 \quad (B9)$$

Using the normalization condition $\int_{-\beta/2}^{\beta/2} x_0^{(2)}(\tau) d\tau = 1$ to determine

$$A_\xi = \left( \int_{-\beta/2}^{\beta/2} d\tau x_0^{(2)}(\tau) \right)^{-1} \quad (B10)$$

yields

$$\frac{|d\tau_0|}{|d\tau_0|} = \frac{1}{|A_\xi|} + A_\xi \int_{-\beta/2}^{\beta/2} d\tau \sum_{q=2}^{\infty} c_q y_q(\tau, \xi) + y(\tau, \xi) \quad (B11)$$

We therefore obtained the Jacobian transformation for the substitutions $c_0 \to \tau_0$ and $c_1 \to \xi$.

2. Transformation of the integral measure and partition function for one bounce

We also have to deal with the integration measure of the path integral, we find for the general time sliced measure

$$\int_{x_0} D[x_2(\tau)] \to \lim_{M \to \infty} \prod_{\tau_0}^{M-1} \int_{-\infty}^{\infty} \frac{dx_{2,i}}{\sqrt{2\pi h}} \quad (B12)$$

where $x_0 = x_{M-1} = -a_0$. We use the (diagonal) ansatz $x_{2,i} = x_{1,2,i} + \sum_{q=0}^{\infty} c_q y_{q,i}$ for the path. The first step is to transform to

$$\lim_{M \to \infty} \prod_{\tau_0}^{\infty} \int_{-\infty}^{\infty} \frac{dx_{2,i}}{\sqrt{2\pi h}} =N \prod_{q=0}^{\infty} \int_{-\infty}^{\infty} \frac{dc_q}{\sqrt{2\pi h}} \quad (B13)$$

where $N$ is a constant determined by $dx_{2,i} = N dc_q$. However, in order to avoid the divergences originating from the eigenvalues $\lambda^{(2)}_0$ and $\lambda^{(2)}_1$, we use the path of Eq. (B1). This implies the substitutions $c_0 \to \tau_0$ and $c_1 \to \xi$, together with the
since the action on the classical path \( z \) and therefore vanish in the integration. The partition function

\[
\rho(\lambda) = \frac{1}{\pi} \int \frac{d\omega}{\omega} \tilde{g}_\lambda^{(0)}(\omega),
\]

where we took the low-temperature limit and transformed to continuous frequencies \( \omega \) and \( \epsilon \rightarrow 0 \). Further, we defined the Greens function in Matsubara space \( G^{(0)}_\lambda(\omega) \) with the Fourier transform to imaginary time

\[
G^{(0)}_\lambda(\tau) = \frac{1}{2\pi m} \int_{-\infty}^{\infty} d\omega \tilde{g}^{(0)}_\lambda(\omega) e^{i\omega\tau}.
\]

For the density of solutions for Eq. (23) with \( \mathcal{V}(\tau) = \frac{m_0^2}{2}(2 - 4\bar{\tau}(\tau'))d\tau_0 \), we use analogously

\[
\rho(\lambda) = \frac{1}{\pi} \int \frac{d\omega}{\omega} \tilde{G}_\lambda(\omega, \omega).
\]

where the Fourier transform can be calculated via the Lippmann Schwinger equation

\[
G_\lambda(\tau, \tau') = \tilde{G}_\lambda(\tau - \tau') + 2m_0^2 \int_{-\infty}^{\infty} d\tau'' \tilde{G}_\lambda(\tau - \tau'') \delta(\chi_0(\tau''))G_\lambda(\tau'', \tau'),
\]

yielding the solution

\[
G_\lambda(\tau, \tau') = \tilde{G}_\lambda^{(0)}(\tau - \tau'') + U \left( \tilde{G}_\lambda^{(0)}(\tau - \frac{\xi}{2}) \tilde{G}_\lambda^{(0)}(\tau - \frac{\xi}{2} - \tau'') \right)
\]

\[
\times N_{\lambda,2}(\xi) + G^{(0)}_\lambda \left( \frac{\xi}{2} + \tau'' \right) N_{\lambda,1}(\xi)) + U \left( \tilde{G}_\lambda^{(0)} \left( \tau - \frac{\xi}{2} \right) \right) \left( \tilde{G}_\lambda^{(0)} \left( \frac{\xi}{2} + \tau'' \right) \right) N_{\lambda,1}(\xi)
\]

\[
+ G^{(0)}_\lambda \left( \frac{\xi}{2} + \tau'' \right) N_{\lambda,2}(\xi))
\]

with \( U = 2m_0^2 \int_{-\infty}^{\infty} d\tau'' \tilde{G}_\lambda^{(0)}(\tau - \tau'') \delta(\chi_0(\tau'')) \), where \( \chi^{(2)}(\xi) \) is the derivative of the classical bounce path at \( \tau = \xi/2 \) and we defined

\[
N_{\lambda,1}(\xi) = \frac{1}{U} \left[ U^{-1} - G^{(0)}_\lambda(\xi) \right],
\]

\[
N_{\lambda,2}(\xi) = \frac{G^{(0)}_\lambda(\xi)}{U},
\]

with \( n_{\lambda,1}(\xi) = U^{-1} - G^{(0)}_\lambda(\xi) + \frac{G^{(0)}_\lambda(\xi)}{n_{\lambda,1}(\xi)} \). We calculate the density of eigenvalues \( \rho(\lambda) \), by Fourier transforming Eq. (C9) back to the frequencies \( \omega \). We obtain the form

\[
\tilde{G}_\lambda(\omega, \omega') = \tilde{G}_\lambda^{(0)}(\omega) \delta(\omega - \omega') + \tilde{G}_\lambda^{(0)}(\omega) \bar{G}_\lambda^{(0)}(\omega')
\]

where \( \bar{G}_\lambda^{(0)}(\omega) = \tilde{G}_\lambda^{(0)}(\omega) \delta(\omega - \omega') + \tilde{G}_\lambda^{(0)}(\omega) \bar{G}_\lambda^{(0)}(\omega') \),
where we defined the $T$ matrix

$$
T_{\lambda}(\omega, \omega') = \frac{2 \cos \left( (\omega + \omega') \xi \right) G^{(0)}_{\lambda}(\xi)}{n^+_\lambda(\xi)n^-_\lambda(\xi)} + \frac{2 \cos \left( (\omega - \omega') \xi \right) [U^{-1} - G^{(0)}_{\lambda}(0)]}{n^+_\lambda(\xi)n^-_\lambda(\xi)} .
$$

(C13)

With Eq. (C12) we can rewrite Eq. (C2) as a function only depending on $G^{(0)}_{\lambda}(\xi)$. We find for the difference between the densities of eigenvalues in Eq. (C2)

$$
\rho_0(\lambda) - \rho(\lambda) = -\frac{1}{2\pi} \int_{-\infty}^{\infty} d\omega \ G^{(0)}_{\lambda}(\omega) T_{\lambda}(\omega, \omega) \tilde{G}^{(0)}_{\lambda}(\omega).
$$

(C14)

After some calculation, we identify the equality

$$
d\lambda \ln(n^+_\lambda(\xi)n^-_\lambda(\xi)) = -\frac{1}{2\pi} \int_{-\infty}^{\infty} d\omega \ G^{(0)}_{\lambda}(\omega) T_{\lambda}(\omega, \omega) \tilde{G}^{(0)}_{\lambda}(\omega)
$$

and use the relation $\ln(\ln(\alpha)) = \arg(\alpha)$ to define the phases

$$
\phi_{\lambda}^{(\pm)} = \arg(U^{-1} - G^{(0)}_{\lambda}(0) \pm G^{(0)}_{\lambda}(\xi)),
$$

(C16)

with the factor $U^{-1}$ from below Eq. (C9). With this we perform the partial integration with respect to $\lambda$ in the exponent of Eq. (C2) yielding

$$
\ln(R_{\lambda}) = \frac{1}{4\pi} [\ln(\lambda)(\phi_{\lambda}^{(+)})^2 - \phi_{\lambda}^{(+)})^2 + \phi_{\lambda}^{(-)})^2 - \phi_{\lambda}^{(-)})^2].
$$

(C17)

The phases satisfy $\phi_{\lambda}^{(\pm)} = -\pi$ (calculated in the next section) and $\lim_{\lambda \to \infty} \phi_{\lambda}^{(\pm)} = 0$ leading to the result

$$
\ln(R_{\lambda}) = \frac{1}{4\pi} \int_{-\infty}^{\infty} d\lambda \ 1 \lambda (\phi_{\lambda}^{(+)})^2 - \phi_{\lambda}^{(+)})^2.
$$

(C18)

The last step is to calculate the phases $\phi_{\lambda}^{(\pm)}$ depending on the Greens function $G^{(0)}_{\lambda}(\tau)$ defined in Eq. (C5). 

2. Calculation of the phases $\phi_{\lambda}^{(\pm)}$

In the last section, we defined the quantities $\phi_{\lambda}^{(\pm)}$ in Eq. (C16). We start by calculating the Greens function $G^{(0)}_{\lambda}(\tau)$. In presence of Ohmic unconventional dissipation this quantity diverges, because of diverging position quantum fluctuations. This divergence is well known in the literature and can be cured by adding a Drude cutoff function $f_c(\omega)$ with high frequency cutoff $\omega_c$. The dissipative kernel for unconventional dissipation then reads

$$
\tilde{F}(\omega) = \frac{-\tau_c |\omega| m f_c(\omega)}{1 + \tau_c |\omega| f_c(\omega)},
$$

(C19)

with $f_c(\omega) = (1 + |\omega|/\omega_c)^{-1}$. We also insert the dissipative kernel for conventional dissipation, defined in the main text, into Eq. (C5) and find

$$
G^{(0)}_{\lambda}(\tau) = \frac{1}{\pi \mu \omega_c} \int_0^\infty dx \ [1 + (1 + \tau_c \omega_c) x \cos(\omega_c \tau)]
$$

$$
\sigma^2 \Omega_0^2 + \chi(p^2) x + |\alpha|^2 + x^3 - 3e\epsilon_x^c.
$$

(C20)

with $\rho^2 = \frac{\lambda}{\mu \omega_c} - 1$, $x = \omega/\omega_c$, $\Omega_0 = \omega_0/\omega_c$, $\alpha = (\gamma/\omega_c + \tau_c p^2 + 1)$ and

$$
\chi(p^2) = \left( -p^2 \Omega_0^2 (1 + \tau_c \omega_c) + \frac{\gamma}{\omega_c} \right).
$$

(C21)

The denominator of Eq. (C20) is a cubic polynomial with an imaginary part. We expand the polynomial part into its roots $\tilde{x}_1, \tilde{x}_2, \tilde{x}_3$ and obtain by introducing $\tilde{x}_1 = v_1, \tilde{x}_2 = v_2, \tilde{x}_3 = -v_3$

$$
-3p^2 \Omega_0^2 - \chi(p^2) x + |\alpha|^2 + x^3 = (x - v_1)(x - v_2)(x + v_3),
$$

(C22)

where $v_1 > 0$. Because the full form of the quantities $v_{1,2,3}$ is not important at this stage, we do not present them here explicitly, but refer to Appendix F. With this definition we can perform a principal value integration in Eq. (C20). We obtain the result

$$
G^{(0)}_{\lambda}(\tau) = \frac{1}{\pi \mu \omega_c} \left[ \sum_{i=1}^{3} \tilde{\Omega}_i g[\xi \omega_i v_i - \tilde{\Omega}_i \pi \sin(\xi \omega_i v_i) \right]
$$

$$
+ \frac{i}{\mu \omega_c} \left[ 1 + (1 + \tau_c \omega_c) v_i \cos(\omega_i \alpha v_i) \right] \frac{1}{\pi \mu \omega_c} [\chi(p^2) + 2\alpha v_i + 3v_i^2],
$$

(C23)

where the prefactors $\tilde{\Omega}_i$ originate from a partial fraction expansion also defined in Appendix F. The functions $g(x)$ are defined in Appendix E1. For the factor $U^{-1}$, we have to calculate

$$\chi(\frac{2}{\xi} \Omega_0^2) = \frac{2\omega_0^2 \omega_0^2}{\pi} \int_0^\infty dx \ [1 + (1 + \tau_c \omega_c) x \cos(\xi \omega_c x)]
$$

$$\Omega_0^2 + \chi(1) x + |\alpha|^2 + x^3,
$$

(C24)

which has no imaginary part. We calculate the integral by defining the polynomial in the denominator like

$$\Omega_0^2 + \chi(1) x + |\alpha|^2 + x^3 = (x + k_1)(x + k_2)(x + k_3),
$$

(C25)

with $k_i > 0$ and find

$$U^{-1} = -\frac{1}{\pi \mu \omega_c} \left[ \sum_{i=1}^{3} \tilde{\Omega}_i (\ln(k_i) + g[k_i \omega_i \xi]) \right],
$$

(C26)

where the prefactors $\tilde{\Omega}_i$ and the quantities $k_i$ are also defined in Appendix F. Inserting $\tau = \xi$ in Eq. (C23) and calculating $G^{(0)}_{\lambda}(\tau = 0)$, we find the result

$$
n_{\lambda}^{(\pm)} = -\frac{1}{\pi \mu \omega_c} \sum_{i=1}^{3} \tilde{\Omega}_i (\ln(k_i) + g[k_i \omega_i \xi]) + \frac{1}{\pi \mu \omega_c} \left[ \sum_{i=1}^{3} \tilde{\Omega}_i (\ln(v_i) + g[\xi \omega_i v_i]) \right] \pi \sin(\xi \omega_i v_i)
$$

$$
n_{\lambda}^{(\pm)} = -\frac{i}{\mu \omega_c} \left[ 1 + (1 + \tau_c \omega_c) v_i \cos(\omega_i \alpha v_i) \right] \frac{1}{\pi \mu \omega_c} [\chi(p^2) + 2\alpha v_i + 3v_i^2].
$$

(C27)
We calculate the phases via $\phi_{\lambda}^{(\pm)} = \text{arg}(n_{\lambda}^{(\pm)})$. In the last section, we used $\phi_{\mu_0}^{(\pm)} = -\pi$. We briefly comment on this here.

We see from Eq. (C20) that there is an infrared divergence for $G_p^{(0)}(0)$ by inserting $\lambda = \mu_0 \rightarrow \mu \rightarrow 0$. This means that $n_{\mu_0}^{(\pm)} \rightarrow -\infty + ic$, where $c$ is a finite constant and therefore $\phi_{\mu_0}^{(\pm)} \rightarrow -\pi$.

3. Final result for $R_B$

We obtain the final solution for the ratio of determinants by inserting $n_{\lambda}^{(\pm)}(\xi)$ into Eq. (C18). We substitute $p^2 = \frac{\omega_0}{m_0} - 1$ and obtain

$$\ln(R_B) = \ln(m_0) - \frac{2}{\pi} \int_0^\infty dp \left( - \frac{p}{1 + p^2} \right) \left( \phi_p^{(+)} + \phi_p^{(-)} \right).$$

(C28)

In the limit of a large bounce $\xi \omega_0 v_1 \gg 1$, the function $g(\xi \omega_0 v_1) \propto 1/\xi^2$ and can therefore be neglected (see Appendix E2). The quantity $v_1$ depends on $p$ (see Appendix F).

In the limit $\xi \omega_0 v_1 \gg 1$, the functions $\sin(\xi \omega_0 v_1)$ and $\cos(\xi \omega_0 v_1)$ in Eq. (C27) are highly oscillating. They do only weakly contribute to the integral over $p$ and we neglect them. With this approximations we find

$$\ln(R_B) = \ln(m_0) - \frac{2}{\pi} \int_0^\infty dp \left( - \frac{p}{1 + p^2} \right) \arg(U^{-1} - G_p^{(0)}(0)),

(C29)$$

which we solve numerically leading to the result shown in Figs. 4(b) and 5(b).

APPENDIX D: THE JACOBIAN FACTOR $L_B$

Here we show the calculation for Jacobian prefactor for one bounce path. As defined above the factor due to the change of the integral variables reads

$$L_B(\gamma', \tau_p) = \frac{1}{A_0 \Lambda_1} \left[ \int_{-\beta/2}^{\beta/2} d\tau \mathcal{L}_{cl,2}(\tau, \xi) \right]^2,

(D1)$$

where $\mathcal{L}_{cl,2} = \frac{8a_0^2 \omega_0}{\beta} \sum_{l=1}^{\infty} \mathcal{L}_l^{(cl)}(\xi)$ and $\mathcal{L}_{cl,2} = \frac{8a_0^2 \omega_0}{\beta} \sum_{l=1}^{\infty} \mathcal{L}_l^{(cl)}(\xi)$ with $\chi_{cl,2}$ defined in Eqs. (13) and (14). The derivative with respect to $\tau$ yields

$$\frac{\partial \mathcal{L}_{cl,2}}{\partial \tau} = \frac{4a_0^2 \omega_0}{\beta} \sum_{l=1}^{\infty} \mathcal{L}_l^{(cl)}(\xi) \cos \left( \omega_l \left( \tau + \frac{\xi}{2} \right) \right) - \cos \left( \omega_l \left( \tau - \frac{\xi}{2} \right) \right).

(D2)$$

Inserting $\mathcal{L}_{cl,2}$ into the first factor of Eq. (D1), performing the integration over $\tau$ and substituting the sum with an integral in the small temperature limit we obtain the integral over frequencies $\omega$

$$\int_{-\beta/2}^{\beta/2} d\tau \mathcal{L}_{cl,2}(\tau, \xi) = \frac{8a_0^2 \omega_0}{\beta} \int_0^\infty d\omega \left( 1 + \frac{\omega_0 \gamma^0}{\omega^2} \right) \frac{1}{\omega_0^2 + \gamma^0 + \omega^2}.\n
(D3)$$

where $\Gamma = \tau_0 \omega_0^2 + \gamma$ and $\sigma = 1 + \tau_0 \gamma'$. The integration over the summand containing $\cos(\xi \omega_0)$ only leads to corrections $O(1/\xi^2)$ which we neglect in the limit $\xi \omega_0 \gg 1$. The rest of the integral yields the $\xi$ independent part

$$\tilde{C}(\gamma', \tau_p) = \frac{8a_0^2 \omega_0^2}{\beta} \pi \left( \frac{\omega_0}{\omega + \sigma \omega^2} \right),

(D4)$$

where we introduced

$$C(\gamma', \tau_p) = \frac{2\gamma}{\omega_0} - \frac{4\gamma_0 \gamma + 2\gamma_0 \gamma'}{\sigma} + \frac{2\gamma_0 \gamma}{\sigma} \omega_0 \left( \frac{\omega_0}{\omega + \sigma \omega^2} \right).\n
(D5)$$

with and $\Lambda_1, 2$ defined in Eq. (19) Using the same procedure we find for the “breathing mode velocity”

$$x_{\gamma,2}(\tau, \xi) = v_0 + \sum_{l=1}^{\infty} \mathcal{L}_l^{(cl)}(\xi) \cos \left( \omega_l \left( \tau + \frac{\xi}{2} \right) \right) + \cos \left( \omega_l \left( \tau - \frac{\xi}{2} \right) \right).

(D6)$$

Analogously to the translational velocity, we get

$$\int_{-\beta/2}^{\beta/2} d\tau \mathcal{L}_{cl,2}^2(\tau, \xi) = \frac{2\omega_0^2}{\beta} \pi C(\gamma', \tau_p).\n
(D7)$$

Therefore we finally find

$$\mathcal{L}_B(\gamma', \tau_p) = \frac{2\pi}{\hbar \omega_0} \mathcal{P}(\gamma', \tau_p),\n
(D8)$$

where

$$\mathcal{P}(\gamma', \tau_p) = \frac{4}{\pi} C(\gamma', \tau_p).

(D9)$$

In the nondissipative case, we recover $\mathcal{P}(0, 0) = 1$. The behavior of $\mathcal{L}_B(\gamma', \tau_p)$ is shown in Figs. 4(c) and 5(c).

APPENDIX E: EXTENDED BOUNCE APPROXIMATION

1. Action on the classical path for frustrated dissipation

To calculate the action on the classical path for a bounce path, we use the ansatz Eq. (13) yielding the integral in Eq. (15). Solving this integral we find the chemical potential part in Eq. (17). Further, due to the cosine in (15), we find the interaction part

$$I(\gamma', \tau_p, \xi) = \frac{\eta}{\omega_0} \left( \ln(\omega_0 \xi) + \frac{1}{2} (g(\xi \Lambda_1) + g(\xi \Lambda_2)) \right) - \frac{8V_0}{\pi \hbar \omega_0} \left( \frac{\omega_0}{\omega_0 \gamma - 1} \right) \left[ g(\xi \Lambda_1) - g(\xi \Lambda_2) \right].\n
(E1)$$

where the quantities $\Lambda_{1,2}$ are defined in Eq. (19) with the functions

$$g(ax) = -\cos(ax) \gamma \gamma (ax) - \sin(ax) \sin(ax) + \frac{1}{2} \sin(ax) \eta \eta = \int_0^\infty \cos(ax) \eta \eta dx.\n
(E2)$$
For $\xi \omega_0 \gg 1$ and $\Gamma_- < 1$, we find that $g(A_1 \xi) \pm g(A_2 \xi) \propto 1/(\xi \omega_0)^2$. The short distance behavior of the functions $g(ax)$ is responsible for the annihilation process we show in Fig. 2. If the distance $\xi \omega_0$ is large enough to neglect this function, we call the resulting two instanton trajectory an extended bounce. In the main text, we only consider instantons that reach far into the right parabolic well as they contribute to the delocalization transition. This extended configurations are manifested via an instanton hard core size $\tilde{r}$. Hence, the extended bounces we consider are noninteracting in the nondissipative and in the unconventional, while logarithmically interacting in the conventional and in the frustrated dissipative case. In the discussion of the main text we choose $\tilde{r} = 1/\omega_0$ for the small distance cutoff. Using this, the lowest energy extended bounce path has spacing $\xi \omega_0 \approx 1$ [see Figs. 7(b) and 7(d)] and is logarithmically interacting (in the conventional and frustrated case).

2. Factorization of the activity

We here show that the factorization of the activity $A_{k_B} = A_Z^2$ for $k$ bounces, defined in Eqs. (30) and (33) is a good approximation in the limit $\xi \omega_0 \gg 1$. The activity in Eq. (30) contains the quantities $\mathcal{L}_B$ and $R_B$ originating from the fluctuation prefactor. During the calculation we use $\mathcal{R}_B = R_Z^2$ and $\mathcal{L}_B = \mathcal{L}_Z^2$, where $R_Z$ and $\mathcal{L}_Z$ are the respective quantities for one instanton. Here we show this valid by analyzing $\mathcal{K}_B(\xi) = \mathcal{L}_B(\xi) R_B(\xi)$. If the $\xi$ dependence vanishes, the factors of each instanton become independent of each other and the bounce prefactor factorizes. We start with the ratio of determinants $R_B$ defined in Eq. (C18) with the $\xi$ dependent phases $\phi^{(\pm)}_\chi$ defined in Eq. (C16) reading

\[
\phi^{(\pm)}_\chi = \arg(U^{-1} - G^{(0)}_\chi(0) \pm G^{(0)}_\chi(\xi)).
\]

We calculate the ratio $R_B/R_Z^2$, and show in Fig. 8(a) that already for $\xi \omega_0 \approx 3$ the values of $R_B(\xi)$ has almost converged to the $\xi$ independent one $R_Z^2$. As we analyze the system in the limit $\xi \omega_0 \gg 1$ we neglect the $\xi$-dependence and use the factorization $R_{k_B} = R_Z^2$ manifested in the choice of

\[
\phi^{(\pm)}_\chi = \arg(U^{-1} - G^{(0)}_\chi(0)),
\]

we use in Eq. (C29). The $\xi$ dependence of the quantity $\mathcal{L}_B$ originates from the second term in Eq. (D3). For $\xi \to 0$, we see that the factor will vanish because cos(0) = 1 and the integrand is zero. In Fig. 8(b), we further see how $\mathcal{L}_B(\xi)$ converges to $\mathcal{L}_Z^2$. We also show the full fluctuation prefactor $\mathcal{K}_B(\xi) = R_B(\xi) \mathcal{L}_B(\xi)$ in Fig. 8(c) and its $\xi$ dependence. We see that it converges quickly to the value used in the main text. Finally, because we choose the quantity $\epsilon_0$ to be the part of the action that is independent of $\xi$ it satisfies $\epsilon^{(k)}_0 = k \epsilon_0$ by construction. This leads to the factorization of the full bounce activity defined in Eq. (30) yielding Eq. (33).

APPENDIX F: AUXILIARY VARIABLES

In the above section, we introduced the quantities $\tilde{T}_t$, $\tilde{U}_t$, $\nu_i$, and $k_i$. The first two originate from the partial fraction expansions of the integrands in Eqs. (C20) and (C24). The latter ones are related to the roots of the denominators of $G^{(0)}_\chi(\omega)$ and $U^{-1}$. The prefactors read

\[
\tilde{T}_1 = \frac{1 - (1 + \tau_\rho \omega_0) k_1}{(k_1 - k_2)(k_1 - k_3)}, \quad (F1)
\]
\[
\tilde{T}_2 = -1 + (1 + \tau_\rho \omega_0) k_2 \quad \frac{1}{(k_1 - k_2)(k_2 - k_3)}, \quad (F2)
\]
\[
\tilde{T}_3 = -1 + (1 + \tau_\rho \omega_0) k_3 \quad \frac{1}{(k_1 - k_3)(k_3 - k_2)}. \quad (F3)
\]
and
\[
\tilde{\xi}_1 = \frac{1 + (1 + \tau_0 \omega_c) v_1}{(v_1 + v_2)(v_1 + v_3)}, \\
\tilde{\xi}_2 = \frac{1 - (1 + \tau_0 \omega_c) v_2}{(v_1 + v_2)(v_2 - v_3)}, \\
\tilde{\xi}_3 = \frac{1 - (1 + \tau_0 \omega_c) v_3}{(v_1 + v_3)(v_1 - v_2)}. 
\] (F4, F5, F6)

We use the basic formula for the roots of cubic polynomials and find for the roots in Eq. (C25)
\[
-k_1 = \frac{\alpha}{3} + \frac{2^i \eta(1)}{3(\Sigma(1) + \sqrt{4\eta^3(1) + \Sigma^2(1)})^i - (\Sigma(1) + \sqrt{4\eta^3(1) + \Sigma^2(1)})^i} \\
-k_2 = \frac{1 + i\sqrt{3})\eta(1)}{3 \cdot 2^i (\Sigma(1) + \sqrt{4\eta^3(1) + \Sigma^2(1)})^i + (1 - i\sqrt{3}) (\Sigma(1) + \sqrt{4\eta^3(1) + \Sigma^2(1)})^i} \\
-k_3 = \frac{1 - i\sqrt{3})\eta(1)}{3 \cdot 2^i (\Sigma(1) + \sqrt{4\eta^3(1) + \Sigma^2(1)})^i + (1 + i\sqrt{3}) (\Sigma(1) + \sqrt{4\eta^3(1) + \Sigma^2(1)})^i}, 
\] (F7, F8, F9)

where we defined
\[
\eta(1) = (-\alpha^2 - 3\chi(1)), \\
\Sigma(1) = -2\alpha^3 + 27\Omega^2_c - 9\alpha\chi(1). 
\] (F10, F11)

Further, the roots for the polynomial Eq. (C22) read
\[
v_1 = \frac{\alpha}{3} + \frac{2^i \eta(p^2)}{3(\Sigma(p^2) + \sqrt{4\eta^3(p^2) + \Sigma^2(p^2)})^i - (\Sigma(p^2) + \sqrt{4\eta^3(p^2) + \Sigma^2(p^2)})^i} \\
-v_2 = \frac{1 + i\sqrt{3})\eta(p^2)}{3 \cdot 2^i (\Sigma(p^2) + \sqrt{4\eta^3(p^2) + \Sigma^2(p^2)})^i + (1 - i\sqrt{3}) (\Sigma(p^2) + \sqrt{4\eta^3(p^2) + \Sigma^2(p^2)})^i} \\
-v_3 = \frac{1 - i\sqrt{3})\eta(p^2)}{3 \cdot 2^i (\Sigma(p^2) + \sqrt{4\eta^3(p^2) + \Sigma^2(p^2)})^i + (1 + i\sqrt{3}) (\Sigma(p^2) + \sqrt{4\eta^3(p^2) + \Sigma^2(p^2)})^i}, 
\] (F12, F13, F14)

where
\[
\eta(p^2) = -\alpha^2 - 3\chi(p^2), \\
\Sigma(p^2) = -2\alpha^3 + 27\Omega^2 p^2 - 9\alpha\chi(p^2). 
\] (F15, F16)

In the Appendix C, we defined \( p^2 = \frac{1}{\hbar m_0} - 1, \Omega_c = \omega_0/\omega_c, \) and \( \alpha = (\gamma/\omega_c + \tau_0 \gamma + 1). \)