Synthesis of a single cycle of light with compact erbium-doped fibre technology

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The advent of self-referenced optical frequency combs^{1,2} has sparked the development of novel areas in ultrafast sciences such as attosecond technology^{3,4} and the synthesis of arbitrary optical waveforms^{5,6}. Few-cycle light pulses are key to these time-domain applications, driving a quest for reliable, stable and cost-efficient mode-locked laser sources with ultrahigh spectral bandwidth. Here, we present a set-up based entirely on compact erbium-doped fibre technology, which produces single cycles of light. The pulse duration of 4.3 fs is close to the shortest possible value for a data bit of information transmitted in the near-infrared regime. These results demonstrate that fundamental limits for optical telecommunications are accessible with existing fibre technology and standard free-space components.

Following the report in 1987 of 6-fs optical pulses from a dye laser system⁷, the generation of few-cycle transients has been boosted by Ti:Sapphire technology. Using sophisticated intracavity dispersion control, a pulse duration of 4.4 fs has been achieved directly with a resonator⁸. Ti:Sapphire amplifiers operating at reduced repetition rates enable extreme compression in hollow fibres^{9–11}. Broadband optical parametric oscillators¹² and amplifiers¹³ have produced pulses as short as 3.9 fs in the visible¹⁴ and 8.5 fs in the near-infrared¹⁵. Very recently, 7.8-fs pulses at a central wavelength of 1.2 μm were implemented with erbium-doped fibre technology¹⁶. All these results correspond to less than two but more than 1.3 oscillation cycles of the electromagnetic field. To synthesize even shorter pulses, the spectra from femtosecond sources may be shaped in amplitude and phase⁶ or pulse trains at different wavelength may be phase-locked and combined^{5,17}. In our experiment, we make use of the inherent stability of fibre laser technology^{18,19} to construct a single cycle of light through the coherent superposition of two ultrabroadband spectra.

The system is outlined in Fig. 1, showing a mode-locked femtosecond erbium-doped fibre oscillator²⁰ operating at a repetition rate of 40 MHz, which provides seed pulses for two parallel femtosecond erbium-doped fibre amplifiers (EDFA; ref. 21). In each branch the average power of the femtosecond pulse train is amplified to 330 mW. After coupling into free space, each output beam passes a silicon prism sequence, providing variable dispersion. To generate tailored supercontinua, both pulses are coupled into a standard telecom fibre followed by a splice to a highly nonlinear germanosilicate bulk fibre (HNF; ref. 16). In the HNF, the fundamental pump pulse at 1.55 μm is split into two spectral components by means of the interplay of dispersion and self-phase modulation. A solitonic part stabilizes itself by shifting to longer wavelengths. This process provides energy for a dispersive wave, which is pushed towards higher frequencies. The position and bandwidth of these spectral features is determined by the dispersion profile

of the HNF and the variable amount of pre-chirp introduced with the silicon prism sequence^{16,22}. In branch 1, we use a nonlinear fibre (HNF1) of length $l = 4$ mm, a zero crossing of the group velocity dispersion at $\lambda_{\text{ZD}} = 1,357$ nm and a dispersion slope of $\beta_3 = 0.081$ ps³ km⁻¹ to generate a dispersive wave with a large bandwidth centred at a wavelength of $\lambda_c = 1,125$ nm. A different fibre HNF2 ($l = 10$ mm, $\lambda_{\text{ZD}} = 1,431$ nm, $\beta_3 = 0.041$ ps³ km⁻¹) is optimized to produce a broadband soliton at $\lambda_0 = 1,770$ nm in the second branch. Both spectra are depicted in Fig. 2a.

The presented two-branch scheme allows the optimization and compression of each component independently: a pair of F2 prisms with an apex distance of 25 cm is inserted into branch 1, featuring a zero crossing of the third-order dispersion close to the central wavelength of the dispersive wave. Spectral components beyond 1,450 nm are blocked with a razorblade in the Fourier domain. The dispersion in branch 2 is controlled by a pair of SF10 prisms with an apex distance of 5 cm. This set-up compensates for the dispersion of a dielectric edge filter, which isolates the soliton by cutting off wavelength components below 1,600 nm.

The timing jitter between the two branches of our system is less than 50 as when integrating from 1 Hz up to the Nyquist frequency of 20 MHz (ref. 18). This value is two orders of magnitude smaller than the inverse frequency of light at 1.55 μm . Therefore, coherent superposition of both spectra by means of a dichroic beam combiner (see Fig. 1) may be used to synthesize extremely short pulses. To this end, the minimum pulse duration in each branch is monitored separately through interferometric (collinear) frequency resolved optical gating (IFROG; refs 23,24) based on second-harmonic generation. A free-standing LiNbO₃ crystal with a thickness of 11.5 μm serves as a second-order nonlinear element with a large acceptance bandwidth. The retrieved spectral amplitudes agree

Figure 1 | Set-up of a single-cycle fibre laser system. OSC, femtosecond erbium-doped fibre oscillator; EDFA, erbium-doped fibre amplifier; Si PC, silicon prism compressor; HNF, bulk highly nonlinear fibre for tailored supercontinuum generation; F2/SF10 PC, pulse compressors with F2 and SF10 Brewster prisms; LPF, low-pass filter (cutoff wavelength 1,600 nm); VDL, variable delay line; DBC, dichroic beam combiner. The divergent output leaving each HNF end facet is collimated with off-axis parabolic mirrors.

Figure 2 | Spectra and time traces of the pulses generated by the two separate branches. **a**, Intensity (blue lines) and phase spectra (green) of the dispersive wave in the first branch (left part) and the solitonic pulse from the second branch (right). Intensity spectra measured with a linear spectrometer are depicted as red lines. $\Delta\phi$, relative phase offset. **b, c**, The temporal intensity envelope (blue) and phase (green) feature a pulse duration of $t_p = 7.8$ fs for the dispersive wave (**b**) and $t_p = 31$ fs for the soliton (**c**).

well with linear measurements and the resulting phase traces are shown in Fig. 2a. The temporal intensity envelope and phase of the dispersive wave are presented in Fig. 2b. The full-width at half-maximum (FWHM) of this pulse is as short as 7.8 fs. The temporal intensity and phase for the soliton from HNF2 are depicted in Fig. 2c. Here, the FWHM is equal to 31 fs.

We now open up both branches simultaneously and set the relative time delay Δt between the pulses with a variable delay stage (see Fig. 1). The position of the retro-reflector is fine-tuned by a piezoelectric transducer. To find the optimum position Δt for the synthesis of the shortest pulse, we replace the LiNbO₃ crystal in the focus of the IFROG setup and record the nonlinear photocurrent with a GaAs photodiode. Figure 3 shows the interferometric two-photon autocorrelation traces for different values of Δt . The scanning time τ of the autocorrelation trace is set by a dispersion-balanced Mach-Zehnder interferometer. At a large pulse separation of $\Delta t = 90$ fs, the time trace consists mainly of two parts: the central region around $\tau = 0$ is dominated by a feature similar to the autocorrelation of the more intense dispersive wave from HNF1. In addition, signatures due to the cross-correlation of the dispersive wave and soliton appear around $\tau = \pm 90$ fs (indicated by vertical arrows). Surprisingly, these features exhibit an oscillatory structure in τ with a period of 6 fs, corresponding to the inverse central frequency of the soliton. Clearly, no interferometric structure would be expected in a time-averaged linear cross-correlation between two pulses without any spectral overlap. In the nonlinear situation of our experiment, the interference arises because the pulse duration of the dispersive wave is of the same order of magnitude as the oscillation cycle of the soliton, and both components have a well-defined relative phase. As expected, the interferometric cross-correlation signature shifts towards the centre if Δt is reduced to 50 fs (see vertical arrows in Fig. 3), although the features around $\tau = 0$ remain unchanged. The amplitude of the central maximum at $\tau = 0$ starts to depend strongly on Δt as soon as temporal overlap occurs for pulse distances below 30 fs. This finding is a result of the

interference of the central field maximum of the dispersive wave with the individual oscillation cycles of the soliton. It further underlines the excellent degree of mutual coherence between the pulses derived from the two branches of our system. At the optimum relative temporal position between the two components of $\Delta t = 0$ fs, constructive interference arises exactly for the central field maxima of each pulse, whereas the rest of both transients superimposes destructively. This situation is represented by the lowest autocorrelation trace in Fig. 3 where a single oscillation maximum clearly dominates over a pedestal given by the pulse duration of the soliton. Interestingly, the nonlinear autocorrelation changes significantly when we block spectral components beyond 1,800 nm, although the GaAs diode should exhibit a two-photon cutoff at this wavelength. This finding is due to the fact that the leading contribution to the signal is given by a mutual cross-correlation of the entire pulse with the high intensity and photon energy of the central maximum. Note that our system exhibits a slow drift in Δt of less than a femtosecond per minute, which is easily stabilized with a feedback loop of a bandwidth of 10 Hz maximizing the two-photon photocurrent. All data presented in this paper were recorded in the free-running mode.

It turns out that existing schemes for the complete characterization of extremely short optical transients are either too insensitive for our pulse energy of 1 nJ or not reliable at the large bandwidth extending from 900 nm to 2.1 μ m. To obtain the total intensity envelope and relative phase, we proceed as follows. The amplitude and phase of dispersive wave and soliton alone have already been determined using IFROG (see Fig. 2), respectively. Because no geometry change occurs with respect to this situation except for the unblocking of both branches at the same time, only three parameters are missing to fully reconstruct the synthesized pulse shape. First, the relative intensity ratio is easily obtained by a linear measurement with a calibrated optical spectrum analyser. Second, a linear phase added to one of the pulses controls the relative temporal delay Δt between the two intensity maxima. Third, a

Figure 3 | Fringe-resolved second-order autocorrelations for different time delays Δt between dispersive wave and soliton. Red lines: two-photon signal from a GaAs photodiode versus autocorrelator delay time, τ . Vertical arrows: position of nonlinear cross-correlation fringes between both spectral components. At the optimum overlap ($\Delta t = 0$) the signal features an isolated central maximum, indicating the formation of a single-cycle pulse.

Figure 4 | Characterization of the synthesized single-cycle pulse.
a, Second-order autocorrelation trace measured at optimum temporal overlap (red line) and calculated from the combined amplitude and phase spectra in Fig. 2a using a least-square fit varying Δt and $\Delta\varphi$ (black circles).
b, Temporal intensity envelope (blue lines) and phase (green line) of the combined 4.3-fs light pulse. The inset shows the intensity profile on a logarithmic scale.

constant value $\Delta\varphi$ accounts for the relative phase offset between soliton and dispersive wave. The two parameters linking both phase spectra are now varied and the second-order interferometric autocorrelation corresponding to each situation calculated. A least-square fit to the experimental trace in the lowest part of Fig. 3 determines a time delay of $\Delta t = 400$ as and a phase offset of $\Delta\varphi = -0.5$ rad. The fringe-resolved autocorrelation obtained in this way is indicated by the black circles in Fig. 4a, although the red line represents the experiment with the two-photon photodiode. Both traces are in excellent agreement except for some phase shifts in the left part of Fig. 4a, which are caused by a slight deviation from linearity in the fast scanning mode of the Mach-Zehnder interferometer. A Fourier transform of the total amplitude and phase spectra yields the intensity envelope and temporal phase of the synthesized pulse (see Fig. 4b). A FWHM pulse duration of $t_p = 4.3$ fs is obtained. This value is equal to the oscillation period of light at a wavelength of $1.3 \mu\text{m}$, which is close to the centre of the frequency interval covered by the spectra. The highest intensity of the solitonic pedestal amounts to only 20% as compared to the central maximum, which contains 50% of the total pulse energy and exhibits a peak power of 100 kW. Therefore, we conclude that we have generated a single-cycle electromagnetic pulse in the near-infrared. Detailed information on the accuracy of our procedure to determine t_p , Δt and $\Delta\varphi$ is given in Fig. 5 and in the Methods.

Our system represents an attractive source for applications in attosecond science and extremely nonlinear optics. For example, we currently perform a direct temporal analysis of single plasmonic optical antennas²⁵ featuring few-femtosecond radiation damping. Working at a high repetition rate and with moderate pulse energy is crucial for such studies in ultrafast nanophotonics and quantum optics. In a future extension of our setup, optimum parametric amplification of the dispersive wave and soliton before coherent superposition may be achieved with high-energy pump pulses from passively or actively synchronized Ti:Sapphire²⁶ and Nd:YAG (ref. 27) systems.

Figure 5 | Sensitivity of the fringe-resolved autocorrelation to Δt and $\Delta\varphi$.
a, Central parts of the second-order autocorrelation measured at optimum pulse overlap (black circles) compared to simulations assuming a time delay Δt of 0.4 fs and phase offsets of $\Delta\varphi = -0.5$ rad (red line), 1.1 rad (green line) and 2.6 rad (blue line). **b, c**, Experimental data and simulations for $\Delta\varphi = -0.5$ rad, taken at $\Delta t = 3.4$ fs (**b**) and $\Delta t = 5.2$ fs (**c**), respectively.

Methods

Two methods are combined to retrieve the full amplitude and phase information of the synthesized pulse. In a first step, we characterize both constituent parts (dispersive wave and soliton) by means of broadband FROG analysis (see Fig. 2). The relative intensity is determined with a calibrated spectrometer. Therefore, only the temporal delay Δt between the pulse envelopes and the relative phase $\Delta\varphi$ remain unknown. These two parameters are determined by means of a fringe-resolved nonlinear autocorrelation measurement of the total pulse based on the two-photon photocurrent from a GaAs photodiode. We have carefully chosen this nonlinear element, and a detailed analysis of the two-photon absorption process is crucial: the GaAs detector has a linear absorption cutoff at 900 nm, which is optimally close to the onset of measurable intensity in our spectrum at slightly longer wavelengths (see Fig. 2a). Therefore, no one-photon response needs to be considered when analysing the data in Figs 3 and 4a. On the other hand, this threshold means that the instrument should exhibit a two-photon cutoff at a wavelength of 1,800 nm. Note that our spectrum spans more than one octave and there are spectral components present that extend significantly beyond this point. Nevertheless, when working with the synthesized single-cycle pulses, there is an interesting surprise: the shape of the measured autocorrelation traces changes significantly, even if spectral components of the soliton are blocked between 1,800 and 2,000 nm. Owing to the high intensity in the central cycle of the pulse, the autocorrelation trace may be seen to first order as a mutual cross-correlation of the main peak with the total pulse. Because the central maximum predominantly contains wavelength components far off the two-photon threshold, even the contributions from longer wavelengths are detected with good sensitivity. Our simulations also show that the second-order contributions of the autocorrelation of components between 1,800 and 2,000 nm with themselves are of minor relevance. Therefore, there is no requirement for any model assumptions on the two-photon photoresponse except for the fact that it is of second order. Note that, even without this beneficial effect, our characterization feature would work because, strictly speaking, only the phase relationship between the frequency intervals close to the intensity gap around $1.55 \mu\text{m}$ have to be determined and they are safely within the two-photon absorption bandwidth of the GaAs diode.

We now calculate the two-photon autocorrelation based on the spectral amplitude and phase from Fig. 2a. A least-square fit to the experimental data is performed by varying the missing parameters Δt and $\Delta\varphi$. An impression for the accuracy of this procedure is obtained from Fig. 5. The central part of the nonlinear interferogram depends critically on $\Delta\varphi$ (see Fig. 5a), resulting in an experimental error as small as $\pm\pi/10$. Note that the relative phase is fixed by optimizing both prism compressors for minimum pulse duration. The data fit stringently to a value of $\Delta\varphi = -0.5$ rad (see Fig. 5a). The relative amplitude of the interference fringes also changes sensitively with increasing delay time Δt (Fig. 5a–c). The excellent amplitude stability¹⁶ and slow drift of our system allow us to determine a value of $\Delta t = 0.4$ fs with an accuracy of ± 0.7 fs. The error margins for Δt and $\Delta\varphi$ translate into a contribution of less than 10 as to the uncertainty of the retrieved duration of the single-cycle pulse of 4.3 fs.

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Author contributions

A.L., G.K., S.L., A.S. and R.H. conceived the experiment, and together with T.H. and S.E. carried it out; G.K., S.L., A.L. and A.S. designed and carried out the data analysis; G.K., S.L., R.H. and A.L. co-wrote the paper.

Additional information

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